

STAND

THEREFORE with TRUTH
like a belt around your waist,

RIGHTEOUSNESS

like armor on your chest,
and your feet sandaled with READINESS

for
the GOSPEL OF PEACE

In every situation take up the shield of

FAITH with which you can EXTINGUISH

all the flaming arrows of the evil one. Take the helmet of

SALVATION

and
the SWORD OF THE SPIRIT which
is the

WORD OF GOD.

EPHESIANS 6:14-17