

# Mom & Daughter Guide

## YOU WILL NEED

*Without Wavering* Bible study book for yourself (with video access code) and  
*Without Wavering for Teen Girls* Bible study book for your daughter(s)

## VIDEO CONTENT

The weekly videos that are included in the women's Bible study book can be watched with your daughter. Follow the instructions in the back of your women's Bible study book to access the teaching videos.

## STUDY

As you begin each session, you will spend time working through the Group Time found in the *Without Wavering: Teen Girls Bible Study Book*. The discussion questions will help you go deeper before you each begin your personal study.

As you both work through your individual Bible study books, you will discover that the wording in each might be slightly different as we altered some language and content to be more applicable for teen girls. However, there are very few differences in the studies, and we encourage you to discuss what the Lord is teaching you individually.

## CONNECT WITH HER

Plan days to work on personal study together to keep each other accountable. Be open with your daughter throughout the week about things you learn or have questions about. Provide a safe place for her to do the same. Don't stress! Some weeks it will be easier than others to complete the personal study days. Just keep pressing forward and making it a priority to meet together each week, regardless of how much personal study work you've actually done.

**Q:** HOW OLD DOES MY TEEN NEED TO BE FOR THIS STUDY?

**A:** THIS STUDY IS RECOMMENDED FOR GIRLS AGES 11 AND UP.

**Q:** ARE THERE OTHER STUDIES I CAN DO WITH MY DAUGHTER AFTER THIS STUDY IS OVER?

**A:** YES! MANY OF OUR STUDIES HAVE BOTH WOMEN'S AND TEEN GIRLS' MATERIALS AVAILABLE.

CHECK THEM OUT AT [LIFEWAY.COM/GIRLS](http://LIFEWAY.COM/GIRLS).