HOW TO USE

This study is designed to allow for however your group gathers. Choose the rhythm that fits your needs:

- **Weekly** — for small groups that meet every week
- **Monthly** — for groups with a lighter schedule
- **Mom + Daughter** — for one-on-one discipleship at home

WEEKLY SMALL GROUP CHECK-INS

As you work through the reading, note any questions or statements you want to discuss later with your group. At the end of each week there is a **Review and Reflect** page to help lead discussion and review what you've been reading and learning together. These questions and Scripture references are designed to bring deeper discussion. Ask additional questions that you feel are important, or you can skip the questions provided if your girls are owning the discussion with their notes from the daily reading. Here's the bottom line: Follow the Holy Spirit's leading as you enter into this time.

MONTHLY SMALL GROUP CHECK-INS

Round up some of your favorite or most impactful Scripture passages from the month to discuss with your group, and allow the girls in your group to share what they highlighted and anything that stood out to them. As you work through the **Review and Reflect** questions each week, put a star by any questions or statements that you want to discuss later with your group.

MOM + DAUGHTER (ONE-ON-ONE STUDY)

Use the content found on the **Review and Reflect** page for weekly discussion. Then, check-in throughout the week to encourage your daughter to complete the daily reading and discuss what you're learning. We also encourage you to listen to the companion podcast, *Every Day in the Bible with Mary Wiley*, for daily commentary and to hear the daily Scripture passages read aloud as you follow the reading plan. (Listening in the car in the morning on the way to school could become a beautiful daily practice for both you and your daughter!) Or plan days to read passages together to keep each other accountable. Be open with your daughter throughout the week about things you are learning or have questions about, and provide a safe place for her to do the same.