



MOM & DAUGHTER GUIDE

Mom, we are so excited that you have decided to complete this study with your daughter. As we walk through the basics of being a Christian, you will discover what it means to be alive in Christ.

YOU WILL NEED

Alive: Women's Bible Study Book for yourself

Alive: Teen Girls' Bible Study Book for your daughter(s)

STUDY

At the close of each session, use the content found in the Group Time of the teen girls' Bible study book. The discussion questions will help you go deeper as you review your personal study and share what you've learned each week.

As you both work through your individual Bible study books, you will discover that the teen girls' version might be slightly different, as we altered some language and content to be more applicable for teen girls. However, there are very few differences in the studies, and we encourage you to discuss what the Lord is teaching you individually.



CONNECT WITH HER

Plan days to work on personal study together to keep each other accountable. Be open with your daughter throughout the week about things you learn or have questions about. Provide a safe place for her to do the same. Don't stress! Some weeks will be easier than others to accomplish the personal study days. Just keep pressing forward and making it a priority to meet together each week regardless of how much personal study work was actually done.

FAQ

Q: How old does my teen need to be for this study?

A: This study is recommended for girls ages 11 and up.

Q: Are there other studies I can do with my daughter after this study is over?

A: Yes! Many of our studies have both women's and teen girls' materials available. Check it out at lifeway.com/girls.