

VIDEO
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*How Women in the Bible
Reveal God's Heart for You*

DAUGHTERS



Mac Bridges
& Kenz Durham

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Reveal God's Heart For You*

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**Mac Bridges
& Kenz Durham**

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ABOUT THE AUTHORS



Hi, we're Mac and Kenz, the voices behind this book. We are best friends, kingdom dreamers, and probably a lot like you. We are so honored to be the ones taking you on this journey all about your feelings. Throughout this book, we will be sharing personal stories and diving into Scripture with you.

Mac Bridges is an ex-country singer from a small town in North Carolina. You probably have the wrong impression of her already, because she dresses more like Beyoncé, and you'll never catch her with a guitar. On the real tho, she's an incredible speaker and leader. She will fire truth at you even when you aren't ready to hear it. She's confident, strong-willed, and loyal. Just picture a golden-retriever-and-pit-bull mutt, and you've got Mac!

Kenz Durham is everybody's best friend, ultimate hype girl, and prayer warrior. If you ever meet her, be sure to ask her to show you her speed walk—it's very impressive. Even though she's not a touchy-feely hugger, she always makes sure that everyone in the room feels included and seen. Don't be surprised by her savvy business skills and her ability to bring the house down with a fire prayer. And she is sure to bring a good time no matter where she goes.

DEDICATION

To our daughters, Ruthie and Myla Chase.

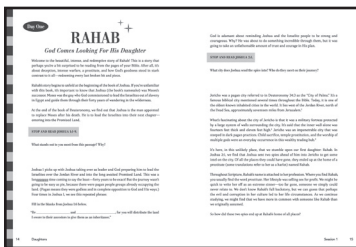
The love we have for you is the fiercest kind of love we've ever known—yet how beautiful that God's love for you runs deeper even still. When the world fails you, when we fail you, there's no better place to land than in His arms. May you savor a lifetime of simply being His.

HOW TO USE THIS STUDY

We're so glad you've chosen to do this study. *Daughters* is a six-session study in which authors Mac Bridges and Kenz Durham discover the promises given to God's daughters through the stories of seven women in the Bible.

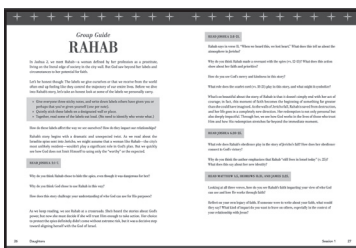
Getting Started

Since we believe discipleship happens best in community, we encourage you to do this study together in a group setting. Or, if you're doing this alone, consider enlisting a friend or two to go through it at the same time. This will give you friends to pray and connect with over coffee or through text so you can chat about what you're learning.



Personal Study

Each week features three days of personal study. You'll find questions to help you understand and apply the text, plus insightful commentary to clarify your study.



Group Time

Each session ends with a group time that allows you to close your week together and discuss what you've learned in your personal study. You can use the questions and prompts provided to help apply what you've read. If you're doing this alone, maybe ask a friend or your mom to do this part with you.



INTRO

On April 23rd, 2024, at 4:21 pm my (Mac) life changed forever. It was the moment that I first laid eyes on my daughter.

There she was, crying on my chest, the tiny baby who had developed inside my womb for forty-one weeks (apparently she didn't want to leave). As she cried, taking in her first moments in this big world, tears soaked my cheeks, too. This moment felt unlike anything I had ever experienced before. I had a daughter!

All seven pounds and three ounces were sheer perfection. I watched as her chest slowly went up and down. I heard the sweet sound of her little breaths tickling my ears. I felt her soft warm skin pressed against mine. Every one of my senses bowed in full attention, knowing how deeply this moment mattered. This little girl—before she had anything to offer the world—mattered.


All I could do was look at her with love: our daughter!

I'm not sure what your own experience with being a daughter has looked like. Maybe you have earthly parents who have loved you well and mirrored the love of your Abba Father. Maybe you have been abandoned, neglected, and overlooked by the ones who have called you daughter. Maybe you've lost a parent. Maybe it's far more complicated, and we'd need at least four hours in the corner of a coffee shop to even scratch the surface.

No matter your experience, our prayer is that this study helps to redeem and reclaim the word "daughter" in your life. In the eyes of God the Father, I'm not sure there is a name or title that carries a greater sense of automatic, all-consuming love than daughter.

There's a beautiful story from Luke 8 when one woman gets to experience Jesus as a daughter. In this story, we see Jesus welcomed by a large crowd around the Sea of Galilee after being rejected on the other side. A man named Jairus, the ruler of the local synagogue, fell at Jesus's feet, begging Him to come to his house because his twelve-year-old daughter was on the verge of death.

The Bible says that Jesus went.



On His way, the crowds kept close, and people were bumping into Him, trying to get a glimpse of this itinerant preacher who had been casting out demons and healing the sick. Jesus was the ultimate celebrity! As Jesus walked, the writer Luke tells us this:

While he was going, the crowds were nearly crushing him. A woman suffering from bleeding for twelve years, who had spent all she had on doctors and yet could not be healed by any, approached from behind and touched the end of his robe. Instantly her bleeding stopped.

– Luke 8:42-44

This woman who touched Jesus wasn't simply suffering from sickness—she was an outcast to society. According to Jewish customs, if she were to touch anyone, she would transfer her uncleanness to them and that would forbid them from taking part in Israel's worship.

You see, the last thing anybody wanted from her was her touch. The Bible says that she “could not be healed by any” (v. 43). This woman had tried everything—every doctor, every medication, every trick in the book. No one and no thing could heal her of this disease.

So, probably deeply ashamed, embarrassed, and desperate for a miracle, she approached Jesus, reached out her hand, and touched the very outer edge of His garment. Her touch should have tarnished His holiness. But instead of Jesus being made unclean, this woman was made whole in an instant. Immediately her bleeding stopped, and her twelve years of suffering were redeemed. One moment, one touch, one encounter with Jesus changed everything.

Jesus, knowing that power had gone out from Him, asked, “Who touched me?” (v. 45).

This woman who probably just wanted to get her healing and bounce came forward and fell at the feet of Jesus. She told him the story of how she had been suffering for years and had tried everything to find healing, but in a moment of faith, she had reached out and touched the outer edge of His cloak, which granted her instant healing.

Then Jesus says the most beautiful thing in response to her testimony. Our kind Jesus looked her straight in the eyes and said, “Daughter, your faith has saved you” (v. 48).

What I love about this moment is that from the second we see Jesus speaking with this woman, it seems like the entire crowd disappears. Jesus spoke to her like she was the only person in the room!

In a world where she was constantly overlooked, Jesus met her face to face. In a culture that said she didn't belong, Jesus said, "You're a daughter in My house."

This is the only moment in all of Scripture where Jesus refers to someone as "daughter." How beautiful! The tender love and kindness that Jesus showed to the woman who had been suffering for years is the same love He wants to offer you today. You are His daughter. His chosen. His beloved.

As you'll see throughout the pages of this study, as we dive into the stories of different biblical women, God has something so specific and special for His daughters. From Rahab to Mary, we'll get a glimpse into beautiful moments and see God's heartbeat for His daughters over and over and over again.

Just like the woman from Luke 8 who had tried everything the world had to offer and finally reached out in faith to Jesus, I challenge you to do the same throughout the next six weeks. You see, there's a difference between bumping into Jesus and seeking Him with intention. There's a difference between a casual run-in and a life-changing encounter. Don't let this be just another casual run-in with Jesus. Let this be the moment that you reach out in total faith as His daughter.

The love I experienced staring at my daughter in the hospital room was unlike anything I had ever felt before. And every day that love has only grown deeper still. I look at my daughter with an imperfect, flawed, and fractured heart and imagine how much greater our perfect Father's love is for you.

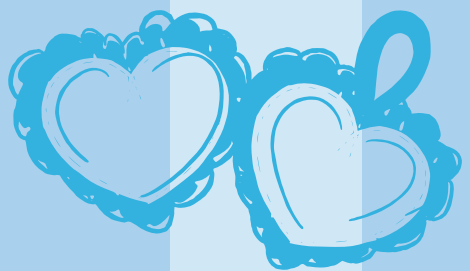
You are His daughter! He welcomes your time, your treasures, your touch, and your heart. He loves how He made you. Reach out in faith and watch how one moment, one touch, and one encounter with Jesus can truly change everything!

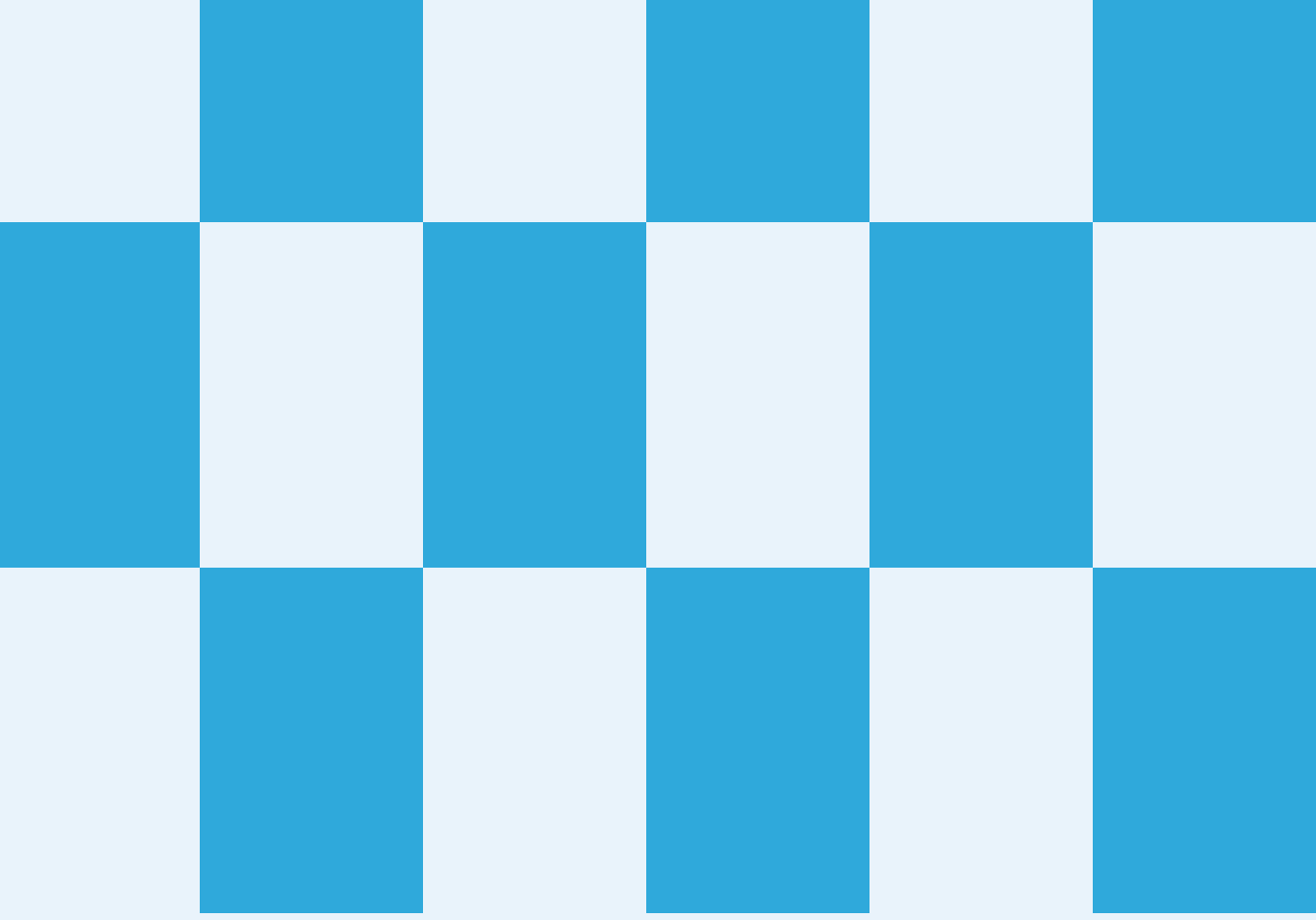
XOXO,

Mac & Kenz

Scan the QR code
for a guided
prayer to help you
get started.








Session 1 *By Mac*

RAHHAB

*GOD ALWAYS
HAD A PLAN FOR
RAHAB'S LIFE.
RAHAB DIDN'T
GO LOOKING FOR
THESE MEN. GOD
WENT LOOKING
FOR HER.*



RAHAB

God Comes Looking For His Daughter

Welcome to the beautiful, intense, and redemptive story of Rahab! This is a story that perhaps you're a bit surprised to be reading from the pages of your Bible. After all, it's about deception, intense warfare, a prostitute, and how God's goodness stood in stark contrast to it all—redeeming every last broken bit and piece.

Rahab's story begins to unfold at the beginning of the book of Joshua. If you're unfamiliar with this book, it's important to know that Joshua (the book's namesake) was Moses's successor. Moses was the guy who God commissioned to lead the Israelites out of slavery in Egypt and guide them through their forty years of wandering in the wilderness.

At the end of the book of Deuteronomy, we find out that Joshua is the man appointed to replace Moses after his death. He is to lead the Israelites into their next chapter—entering into the Promised Land.

STOP AND READ JOSHUA 1:1-9.

What stands out to you most from this passage? Why?

Joshua 1 picks up with Joshua taking over as leader and God preparing him to lead the Israelites over the Jordan River and into the long awaited Promised Land. This was a longgggggg time coming to say the least—forty years to be exact! But the journey wasn't going to be easy as pie, because there were pagan people groups already occupying the land. (Pagan means they were godless and in complete opposition to God and His ways.) Four times in Joshua 1, we see this repeated phrase:

Fill in the blanks from Joshua 1:6 below.

“Be _____ and _____, for you will distribute the land I swore to their ancestors to give them as an inheritance.”

God is adamant about reminding Joshua and the Israelite people to be strong and courageous. Why? He was about to do something incredible through them, but it was going to take an unfathomable amount of trust and courage in His plan.

STOP AND READ JOSHUA 2:1.

What city does Joshua send the spies into? Who do they meet on their journey?

Jericho was a pagan city referred to in Deuteronomy 34:3 as the “City of Palms.” It’s a famous biblical city mentioned several times throughout the Bible. Today, it is one of the oldest-known inhabited cities in the world. It lies west of the Jordan River, north of the Dead Sea, approximately seventeen miles from Jerusalem.¹

What’s fascinating about the city of Jericho is that it was a military fortress protected by a large system of walls surrounding the city. It’s said that the inner wall alone was fourteen feet thick and eleven feet high.² Jericho was an impenetrable city that was steeped in dark pagan practices. Child sacrifice, temple prostitution, and the worship of multiple gods were an everyday occurrence in this wealthy trading hub.³

It’s here, in this unlikely place, that we stumble upon our first daughter: Rahab. In Joshua 2:1, we find that Joshua sent two spies ahead of him into Jericho to get some intel on the city. Of all the places they could have gone, they ended up at the home of a prostitute (some translations refer to her as a harlot) named Rahab.

Throughout Scripture, Rahab’s name is attached to her profession. Where you find Rahab, you usually find the word *prostitute*. Her lifestyle was selling sex for profit. We might be quick to write her off as an extreme sinner—too far gone, someone we simply could never relate to. We don’t know Rahab’s full backstory, but we can guess that perhaps the evil and corruption in her culture led to her life circumstances. As we continue studying, we might find that we have more in common with someone like Rahab than we originally assumed.

So how did these two spies end up at Rahab’s home of all places?

Jericho was a massive city, a bustling metropolis full of places and people to stumble upon. But for some reason, these two spies ended up in the home of our girl Rahab. I mean, they could have gone literally anywhere. So why did they enter into the city through the home of a woman, let alone a pagan prostitute? It seems this wasn't a coincidence but rather an intentional move of God.

You see, God always had a plan for Rahab's life. Rahab didn't go looking for these men. God went looking for her! In the midst of a presumably normal day, God went searching for Rahab and found her right in the middle of her mundane mess. Two Israelite spies showed up on her doorstep out of the blue, and the trajectory of her life forever changed.

Why do you think God orchestrated this specific meeting? Write your thoughts:

In what areas of your life do you feel:

Trapped by circumstances: _____

Defined by your past: _____

In need of God's pursuit: _____

One of my all time favorite Bible stories has always been the story of the prodigal son in Luke 15. You know, the story that Jesus beautifully tells about a younger son who abandons his father, spoils his inheritance, and when left with no other option, finally makes the decision to return home. While the son is still a long way off, the father runs to embrace him and plans a welcome home party in his honor.

Although it's the story of a son, I think the story of Rahab parallels this posture of God's heart for His daughters. God isn't satisfied until you are back in the safety of His arms. As with His pursuit of Rahab, He will stop at nothing until you've been returned to Him. He will come looking for you in the darkest of places, in the deepest pits of sin, and in the moments when you're not even fully aware that you've gone missing or drifted from Him.

God's loving pursuit cannot be easily tossed aside or let go of. There will be moments when you disappoint Him, when you fall short of what He asks, or when you break His heart with your choices, words, or desires, but you will never be too far gone for Him to not throw His arms wide open when you finally chose to turn around, go the other direction, and put your faith in Him again.

Can you recall a time when God pursued you in unexpected ways? Write about it here.

Can you see the warm smile on His face when He looks at you? You are His daughter. There is nothing He loves more than holding you in His arms, so He won't ever be satisfied until you're in the safety of His house again.

Remember Jesus's words in John 15:16: "You did not choose me, but I chose you. I appointed you to go and produce fruit and that your fruit should remain."

On a scale from 1-10, how true do you currently believe these statements are about you?

_____ **God pursues me personally.**

_____ **My past doesn't disqualify me.**

_____ **God can work through my mess.**

_____ **I'm never too far gone.**

RAHAB

Take One Small Step of Faith Toward Him

Yesterday we saw how God relentlessly pursued Rahab, orchestrating a kingdom appointment right on her doorstep. Today, we'll see how Rahab chose to respond when God showed up at her door, because God's pursuit always invites a response.

STOP AND READ JOSHUA 2:2-7.

What does Rahab do for the two spies?

Were you surprised by her actions in this passage?



Totally saw it coming!

Not very surprised

Somewhere in the middle

Pretty surprised

Totally shocked!

In verse 2, we find out that the king of Jericho caught wind of the spies, and he sent a message to Rahab to turn them in. Later, we learn that she hid the men and sent the king's army on a wild goose chase in the wrong direction. At first, we might be perplexed as to why, but as we keep reading, she explains her reasoning.

STOP AND READ JOSHUA 2:8-11.

What stands out to you most about Rahab's message to the spies?

Word had begun to spread through the town about the Israelite people and their all-powerful God. People were terrified, Rahab included. However, instead of letting fear guide her next steps, she took a step of faith, choosing to put her trust in this God.

This is an incredible moment of Scripture because the most unlikely person, a pagan prostitute, proclaimed God's power. She made a declaration of faith saying "YOUR God is God in heaven above and on earth below" (v. 11, emphasis mine).

She understood at that moment that the God of Israel was the one true God: not the many gods of her culture, not the idols she'd been worshiping, not the empty quick fixes she had probably been medicating her soul with.

She had heard about the miracles the Lord had done on behalf of His people, and she believed that His promises would most certainly come to fruition. So she took a bold step of faith away from her country and her culture, and she aligned herself with God and His calling over her life.

Did Rahab have it all figured out in this moment? Not even close! Her faith wasn't perfect or strong, but even still, it was commendable. She took that first bold step of faith, and God began to cover her with His loving kindness.

STOP AND READ JOSHUA 2:12-21.

In verse 12, Rahab made a covenant or a trade with the spies. She essentially said, "Because I protected you, please show kindness to myself and my family by protecting us when your people come to destroy our city."

Fill in the blanks from Joshua 2:12 below:

"Now please swear to me by the LORD that you will show _____
to my father's family, because I showed _____ to you."

Rahab asked the spies for an oath to show kindness to her family. The word kindness can be translated to the Hebrew word "*hesed*."⁴ *Hesed* is a word used all throughout the Old Testament describing God's loving kindness or mercy. Rahab is rejecting the pagan practices of the her people and committing to the God of Israel.⁵

The spies agreed to keep Rahab and her family under their protection. They instructed Rahab to continue keeping their presence a secret, to tie a scarlet cord to her window, and to keep her family safely inside. If she stayed true to her word, her home and family would be spared. She agreed and helped them to escape.

Rahab's story reminds us that no matter where we are in our journey with God, He's always ready to meet us. Rahab's faith wasn't perfect, but she knew a few things for sure: God is real, He is powerful, and He is worth trusting. Her willingness to take that first step of faith opened the door for God to do something extraordinary in her life.

I'm not entirely sure what your relationship with God is like right now. Perhaps you're in the best place you've ever been. You've been dwelling in the richness of His presence, and you hear His voice clearly speaking over you each day.

Maybe you're the girl who is feeling a little off. That first love fire that once burned inside of you has begun to dwindle. If you're being honest, now all that's left is a tiny flickering flame. The passion you once felt to walk in the ways God called you has been replaced with apathy, bitterness, sadness, pride, or anxiety.

Maybe instead, you're the girl who has never really tried this whole Jesus thing. You've had friends who are all about Him and you've been to church here and there, but you've never gone all in before because you're afraid of looking stupid or it not working out.

Maybe you're somewhere in between these places.

Get open and honest below about the current condition of your faith. Where are you in your relationship with God?

What's your "Jericho wall" (the seemingly impossible barrier between you and a greater faith and trust in God)?

No matter where you are on your journey with God, I encourage you to take one small step of faith toward Him. Rahab couldn't have been further away from God when those two spies showed up at her home. Her life was steeped in the playground of the enemy, but everything changed when she took one small, imperfect step toward God the Father.

Was her theology perfect? No.

Was her heart perfectly healed? I highly doubt it.

Did she immediately stop sinning? Probs not.

Did all of her problems suddenly go away? Absolutely not.

But it was that one small step toward the Lord—the decision to put her trust in the one true God—that gave God access to the rest of her story. Suddenly, God could begin using her in His plans for His kingdom. She was no longer pledged to the darkness but a new redeemed child of the light.

What's your "scarlet cord" (the visible sign of your commitment to trust God)?

Are you ready for God to begin using you in His redemption plan for the world? Take one small step toward Him today. Does this mean that you will suddenly have it all figured out? Probably not, but your choice to put your faith into action will give God access to your life in ways you've never experienced before. Put one foot in front of the other and walk toward Him.

RAHAB

God's Picture of Redemption

After Joshua 2, we don't hear much about Rahab. She almost seems to quietly slip away amid all of the chaos that's happening around her in the story. We don't know exactly what she was doing, but we can assume that those days sandwiched between the spies' visit and the Israelites' eventual arrival in Jericho deeply tested her newfound faith.

Had she made the right decision? Would God really want her? Was her family going to be okay? I'm sure these questions haunted her as she paced back and forth, waiting for God to make His next move.

Think about a time when you felt like Rahab, waiting and wondering if you made the right decision. What questions were running through your mind?

Joshua 3–6 takes our attention back to Joshua and the Israelite people as they cross over the Jordan River, place stones of remembrance, circumcise a few people, and then begin marching around the walls of Jericho.

God gave them unique battle instructions that had nothing to do with weapons and combat and more to do with instruments and praise. After marching around the city for seven days with the ark of the covenant (a symbol of God's presence and covenant relationship with the Israelites), the priests blasted their trumpets, the people shouted, and the walls fell down.

STOP AND READ JOSHUA 6:20-25.

What ends up happening to Rahab?

In Joshua 6:22, Joshua called for the two spies to bring Rahab and her family to him for protection as they burned the city down to the ground. God was covering Rahab with His perfect loyal love.

Where does Joshua 6:25 say Rahab still lives to this day?

That's right! She lives with the Israelite people. Keep in mind that the author was talking about the day and age in which the book of Joshua was written. I doubt Rahab is chilling in Jerusalem today at a cool three thousand years old. Even still, isn't it fascinating to know that Rahab essentially became an Israelite? She completely left behind her old ways and stepped into a new life within the family of God. Her choice to follow faith over fear totally transformed the trajectory of her life. She left behind a life of cheap intimacy and entered into a relationship with God full of extravagant love.

What's even more fascinating is that Rahab's legacy doesn't end here. Although she is an Old Testament character, she is mentioned several times throughout the New Testament.

Flip over to Matthew 1, and read verses 1-17. There are a lot of names! Jot down any that stand out to you as you read.

My guess is that many of you tend to skip over Matthew 1. It seems like an irrelevant list of names. But every word in Scripture is God-breathed, and God's heart for us is woven between the lines of every last word. Sooo . . . did you catch our girl's name there in verse 5?

“Salmon the father of Boaz, whose mother was Rahab . . .” – Matthew 1:5, NIV

There is our girl Rahab right smack in the middle of the lineage of Jesus—Rahab the pagan prostitute! It's important to note that this genealogy of Jesus is unique because it includes the presence of four women. Women were not usually mentioned in ancient or biblical genealogies. But here we see Tamar, Rahab, Ruth, and Bathsheba (referred to as “Uriah's wife”) included in Matthew 1.

Why do you think the writer Matthew chose to include them? I like to believe it's because their messy stories all show how God can display His character and His transformative power through the most unlikely people.

God took the life of a seemingly irrelevant, unimportant, and sinful woman and made her fit for royalty in His kingdom. Rahab was related to the King of kings! She had no idea she was going to be in the lineage of Jesus when she welcomed those spies into her home. But look at the beauty that God created in her life when she took one step of faith in His direction.

Rahab is mentioned two more times in the New Testament. Jot down what is written about her in these two passages of Scripture.

Hebrews 11:31 – Hebrews is often referred to as the “faith hall of fame.” It mentions biblical greats who put their faith into action. How cool is it that Rahab is included among the ranks of other incredible men and women of God?

James 2:25 – In chapter 2, James talks about putting faith into action, and he says that faith without works is dead. James uses the example of Rahab's life to explain this point.

If someone wrote your story in the Bible, what would that person say about your faith? What kind of legacy do you want to leave?

How powerful that Rahab, despite her past, is mentioned time and time again for her example of faith. I mean, Rahab plays a pivotal part in even our redemption stories! After all, she is a part of the lineage of Jesus, our personal Savior. Imagine how the story would look so different if she hadn't made that proclamation of faith on the roof of her home. But God, in all of His unceasing goodness, had a plan not to simply lead her out of sin but to also use her life in the lineage of the One who would change everything for eternity!

Now that we've studied the story in its entirety, we can see that all throughout the story of Rahab there is this beautiful thread of redemption. I wonder if, as she tied that scarlet cord to her window, she knew the power of the new thread that God was going to weave into history through her.

God redeemed who she had been, restored who she was, and reinvented who she would one day become. After that day with the two spies on her roof, she likely no longer worked as a prostitute. We know that through the book of Joshua, she stayed hidden in her home until the Israelites arrived. Then she was placed under the protection of the army and spent the rest of her days living among the Israelite people.

Remember how in Matthew 1 we found out that she was married to a man named Salmon? Salmon was the founder of the town of Bethlehem. So this was a pretty important and well-regarded guy. Together they had a son named Boaz, who married an incredible and fierce woman of God, Ruth. (We'll talk more about her later.)

Talk about a redemption story! Rahab didn't just stop being a prostitute—she went on to marry, have children, and leave a legacy that led to King David and, eventually, Jesus Christ himself.

This is the same picture of redemption that God wants to bring to your life! He doesn't want to simply remove your past by sweeping it under the rug. He wants to rewrite it, renew it, refresh it, and redeem it for His glory. You see, it doesn't matter who you've been when you're a daughter of the King. Let God lead you into who He has made you to be. His hesed love goes before you, behind you, and all around you.

What do you sense Jesus wants to redeem in your own story?



Group Guide

RAHAB

In Joshua 2, we meet Rahab—a woman defined by her profession as a prostitute, living on the literal edge of society in the city wall. But God saw beyond her labels and circumstances to her potential for faith.

Let's be honest though: The labels we give ourselves or that we receive from the world often end up feeling like they control the trajectory of our entire lives. Before we dive into Rahab's story, let's take an honest look at some of the labels we personally carry.

- » Give everyone three sticky notes, and write down labels others have given you or perhaps that you've given yourself (one per note).
- » Quietly stick these labels on a designated wall or place.
- » Together, read some of the labels out loud. (No need to identify who wrote what.)

How do these labels affect the way we see ourselves? How do they impact our relationships?

Rahab's story begins with a dramatic and unexpected twist. As we read about the Israelite spies sent into Jericho, we might assume that a woman like Rahab—the city's most unlikely resident—wouldn't play a significant role in God's plan. But we quickly see how God does not limit Himself to using only the “worthy” or the expected.

READ JOSHUA 2:1-7.

Why do you think Rahab chose to hide the spies, even though it was dangerous for her?

Why do you think God chose to use Rahab in this way?

How does this story challenge your understanding of who God can use for His purposes?

As we keep reading, we see Rahab at a crossroads. She's heard the stories about God's power, but now she must decide if she will trust Him enough to take action. Her choice to protect the spies definitely didn't come without extreme risk, but it was a decisive step toward aligning herself with the God of Israel.



READ JOSHUA 2:8-21.

Rahab says in verse 11, “When we heard this, we lost heart.” What does this tell us about the atmosphere in Jericho?

Why do you think Rahab made a covenant with the spies (vv. 12-13)? What does this action show about her faith and priorities?

How do you see God’s mercy and kindness in this story?

What role does the scarlet cord (vv. 18-21) play in this story, and what might it symbolize?

What’s so beautiful about the story of Rahab is that it doesn’t simply end with her act of courage; in fact, this moment of faith becomes the beginning of something far greater than she could have imagined. As the walls of Jericho fall, Rahab is saved from destruction, and her life goes in a completely new direction. Her redemption is not only personal but also deeply impactful. Through her, we see how God works in the lives of those who trust Him and how His redemption stretches far beyond the immediate moment.

READ JOSHUA 6:20-25.


What role does Rahab’s obedience play in the story of Jericho’s fall? How does her obedience connect to God’s victory?

Why do you think the author emphasizes that Rahab “still lives in Israel today” (v. 25)? What does this say about her new identity?

READ MATTHEW 1:5; HEBREWS 11:31; AND JAMES 2:25.

Looking at all three verses, how do you see Rahab’s faith impacting your view of who God can use and how He works through faith?

Reflect on your own legacy of faith. If someone were to write about your faith, what would they say? What kind of impact do you want to leave on others, especially in the context of your relationship with Jesus?



In Rahab's story, tying the scarlet cord was a visible sign of her faith in God's promise of protection. It was a physical act that demonstrated her trust that God would be true to His word and deliver her and her family from the destruction that was coming to Jericho. The cord wasn't magical—it was the faith behind it that mattered. Rahab's red cord was her way of declaring, "I believe in the God of Israel, and I trust that He will do what He said He would."

Similarly, in our own lives, there are moments when we can take visible, tangible actions to signify our trust in God. These actions alone don't save us, but they reflect our faith in Him and our willingness to step into His redemptive story. The scarlet cord symbolizes the ways God's mercy covers us and keeps us, even in the midst of the scariest situations.

What's the biggest wall or barrier that you are currently experiencing in your faith journey?

What is your red cord that you could symbolically tie to signify your trust in God's redemptive work in your life? Just as Rahab marked her home, you can mark your life with a symbol of trust that acknowledges God's transforming power.

Rahab's story is a powerful reminder that God doesn't define us by our past, our failures, or the limitations that others place on us. Instead, He looks at us through the perfect lens of His redemptive love, seeing the potential for faith, courage, and transformation. Just as He took Rahab, a woman who had been cast aside by society, and wove her into His story of salvation, He can take the brokenness and mess of our own stories and redeem them for His purposes.

- » Return to the wall of labels and choose one of the labels you added earlier.
- » Spend a few minutes in prayer, reflecting on how God might want to redeem that specific label for His kingdom.
- » Write a new identity statement based on what you learned from Rahab's story.
 - » Example: "Outcast" becomes "Chosen by God"
 - » Example: "Ugly" becomes "Made in His Image"
- » Tie a piece of red ribbon or yarn around each person's wrist as a reminder of God's faithfulness and His redemptive plans in the lives of His daughters (optional).

Share with the group the new identity statement you wrote for yourself. Be honest. Do you truly believe this is how God sees you?

What's the biggest thing you're taking away from Rahab's story? How does this help you understand your identity as a daughter?

