# Mom & Daughter Guide

Mom, we are so excited that you have decided to complete this study with your daughter. As you walk through the Advent story, you will find an invitation for both you and your daughter to slow down and rest in the unconditional love of Jesus Christ.

## YOU WILL NEED

- · Love Came Down: Teen Girls' Bible Study Book for yourself
- Love Came Down: Teen Girls' Bible Study Book for your daughter(s)

### **STUDY**

As you get started, utilize the content found in the Group Time of the teen girls' Bible study book for Session One. Then, complete the personal study each week before coming together to discuss the Group Time. The discussion questions will help you go deeper as you review your personal study and share what you've learned each week.

### **CONNECT WITH HER**

Plan days to work on personal study together to keep each other accountable. Be open with your daughter throughout the week about things you are learning or have questions about. Provide a safe place for her to do the same. Don't stress! Some weeks will be easier than others to accomplish the personal study days. Just keep pressing forward and making it a priority to meet together each week regardless of how much personal study work was actually done.

#### FAQ

- Q: How old does my teen need to be for this study?
- **A:** This study is recommended for girls ages eleven and up.
- Q: Are there other studies I can do with my daughter after this study is over?
- **A:** Yes! Many of our studies have both women's and teen girls' materials available. Check it out at lifeway.com/girls.