MARIAN JORDAN ELLIS



ANCHORED

THE LIFE & LETTERS OF THE APOSTLE PETER

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LEADER GUIDE

Welcome! Before you read any further, we want to say how thankful we are for you, the leader. Thank you for your willingness to dive into Scripture, brew the coffee, place the chairs, and set aside the time regularly to meet with other women.

Anchored: The Life and Letters of Peter is a video- and discussion-based Bible study from Marian Jordan Ellis. This is Marian's first Bible study with Lifeway. The videos were shot in San Antonio and Corpus Christi, Texas.

Our goal for this leader guide is to help you feel equipped to facilitate and guide your Bible study group gatherings in a way that fosters genuine community, deep conversations, and transformational learning for you and the women you're leading.

We encourage you to use this study however it works best for you and your group. If you want to follow this leader guide to the letter, do that! If you want to do your own thing, feel free! Our goal is to give you all the tools you might need as you lead your specific group in your specific setting.

We are grateful for you and praying for you as you lead this study.

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WEEKLY GROUP MEETING

SUGGESTED SCHEDULE

7 Group Meetings • Meeting Length: 1-1.5 hours

SESSION ONE—Distribute Bible study books, get to know one another, and watch the Session One video.

SESSION TWO—Discuss the Session One personal Bible study and watch the Session Two video.

SESSION THREE—Discuss the Session Two personal Bible study and watch the Session Three video.

SESSION FOUR—Discuss the Session Three personal Bible study and watch the Session Four video.

SESSION FIVE—Discuss the Session Four personal Bible study and watch the Session Five video.

SESSION SIX—Discuss the Session Five personal Bible study and watch the Session Six video.

SESSION SEVEN—Discuss the Session Six personal Bible study and watch the Session Seven video.



HOW TO STRUCTURE YOUR GROUP TIME

Each group session contains the following elements. We've included a suggested amount of time based on a 1.5 hour group meeting. Adjust as you need to for the time you have together!

GATHER (20 MINUTES). This is a time to greet and welcome everyone and to get them talking. You'll notice a list of questions to help participants review the previous week's personal study. Feel free to adapt, skip, or add questions based on the needs of your group.

WATCH (35 MINUTES). During this time play the teaching video, encouraging the women to take notes on the Group Guide page for that specific session.

DISCUSS (25 MINUTES). You'll find a list of discussion questions designed to help you facilitate conversation around each teaching video on the Group Guide pages in the Bible study book and in this Leader Guide. We encourage you to preview each teaching video and then pick and choose the question you want to discuss with your group.

CLOSE (10 MINUTES). Brief closing activity ideas and/or prayer prompts have been provided. You can use this however you wish to enhance or close the session.

HERE ARE A FEW TIPS TO HELP YOU LEAD.

HOW TO WATCH YOUR VIDEOS. The videos for this study are available for streaming through the digital access code on the last page of your Bible study book. Look for the cardstock page labeled **"Here's Your Video Access"** and follow the two steps that prompt you to enter your unique redemption code to gain your video streaming access.

Each video (starting with the Session 2 video) is intended to be viewed after completing the accompanying week of personal study. We strongly recommend you use the teaching videos as a part of this study, but you can still

HERE'S YOUR VIDEO ACCESS.
To stream Rath Bible study sideo teaching sessions, follow these steps:
1. Go to replifeway.com/redeen and register or log in to your Lifeway account.
 Soutch of the full below to week your redemption code. Enter this redemption code to gain access to your individual use video license.
>>NOTE TO PRINTER Variable CODE HERE<<
Once you've entered your personal indemption code, you can stream the video teaching session any time from your Digital Media page on mylifeway can or watch them via the Lifeway On Demand app on any TV or mobile device via your Lifeway account.
There's no need to enter your code more than once! To workh your streaming videos, just logi in to your Lifeway account at mylifeway som or workh using the Lifeway On Demand app.
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No side meno una enforçar te ne so conclusita, popular el serve als seguritori dals. Para de conforçaria desen anto altera conjunto especial en els acostas de la publica de contra el false de publica de false que una fanal contra de la contra de la contra de la publica de publica de publica de false de contra de la construcción de la contra de construcción de la contra de construcción de la contra de la contra de la contra de las de las de las este de las delas de las de las delas de las delas de las delas de las de las de las de las delas de las delas delas delas delas de las delas delas delas de

discover truth from Scripture and grow in your walk with God by simply doing the print portion if your setting doesn't allow for video.

GET THE WORD OUT. Be sure to advertise the study early and utilize all methods for getting the word out. Post it on your church's website, send emails to potential attendees, and promote it on all forms of social media. It's best to start advertising the study four to six weeks before it begins. The study is seven sessions long, which means you will meet seven times. Visit **lifeway.com/anchored** for free promotional materials to help get the word out about your study.

SCHEDULE. Be sure to make everyone aware of the schedule ahead of time and start promptly each week to honor everyone's time. In your group time, you will watch the teaching video together and discuss what you're learning. You'll also be encouraged to spend a good bit of time in prayer.

STAY IN TOUCH. Prepare a sign-up sheet with space for names, email addresses, and phone numbers. You may also include information like birthdays, social media handles, and favorite candy so that you can foster community among group members.

GET COZY. Make an effort to create a comfortable environment for group meetings. Arrange chairs in a circle to encourage conversation. If your group is large you may want to watch the teaching video together and then split into smaller groups for the discussion time. If you choose to do so, enlist discussion leaders for each group to keep the conversation moving and focused.

CHILDCARE. Be sure to check with participants to see if childcare is needed and organize leaders and space for the children in advance.

BIBLE STUDY BOOKS. Each participant will need a Bible study book. Make sure you leave plenty of time for all the books to be ordered and received between announcing and starting your Bible study. Consider offering a scholarship or buy one-give-one option for those who cannot afford a study book on their own.

EARLY PREP. We encourage you to read through the entire leader guide before the first session and evaluate how this will work best for your group. Highlight specific questions from the leader guide you want to make sure you cover during your group time. We recommend watching the teaching video sessions prior to your meeting, taking note of anything you may want to highlight from the teaching. And be sure you stay on top of your own personal study between each meeting! We've left room in the leader guide for you to write down additional talking points and questions you want to pull in from the personal study.

PERSONAL STUDY. Between each meeting, there are five days of personal study to complete in the Bible study book.

PRAYER. Most importantly, be sure to pray for the women who attend the study. And pray for yourself as you prepare to lead. Ask God to draw the women closer to Him as they learn more about hearing and obeying His voice.

EVALUATE. At the end of each group session, ask yourself: *What went well? What could be improved? Did you see women's lives transformed? Did your group grow closer to Christ and to one another?* Also, do a final evaluation at the close of the study.

CONNECT. Find ways to interact and stay engaged with each member of your group throughout the study. Make use of social media, email, text messages, and handwritten notes to encourage them. Continue these connections even after the study ends.

Next, we've provided a discussion guide for each session. Remember these are simply suggestions for how to use your time together. We want to empower you as you lead to do what is best for your group!

GROUP DISCUSSION GUIDE

session one sideo

THE CALL

GATHER. Welcome women to the first session of *Anchored*! Provide name tags and distribute Bible study books if participants don't have them yet. Take time to meet and greet one another. (We highly recommend snacks, coffee, and tea!) Spend a few minutes discussing these icebreaker and introductory questions:

Did you have a nickname growing up? If so, what was it, who gave it to you and why? Are you still called that today?

Who here enjoys fishing and/or boating? Someone share a fun fishing or boating story.

What drew you to this study of the life and letters of Peter?

Why do you think this study is titled "Anchored?" What do you think it mean to have a life anchored to Jesus?

WATCH. Play the teaching video for Group Session One. Encourage participants to take notes on the Group Session One "Watch" page (p. 12 in the Bible study book).

DISCUSS. Use the following questions to debrief the Group Session One video teaching. You can also find these questions on page 13 in the Bible study book.

What's one thing that stood out to you from the video teaching and why?

When you hear the name "Simon Peter," what comes to your mind first?

After Andrew met Jesus, the first thing he did was bring his brother Simon to meet Him. Who first brought you to Jesus? Who was instrumental in you coming to know Him?

Do you see yourself in Peter? If so, in what way?

In Luke 5, after the miraculous catch of fish, Peter was overwhelmed by the power and presence of Jesus. Have you ever experienced a similar overwhelming moment with Jesus? If so, briefly share about it.

What all did Peter leave behind to follow Jesus? Has Jesus called us to do the same? Explain. What's the hardest thing for you to let go of to be fully surrendered to Jesus? Why do you cling to this so tightly?

The greeting Peter used in both his letters was "Peter, an apostle of Jesus Christ." What was the significance of beginning his letters in this way? If you were writing a letter to some Christian friends, what would be your greeting and why?

After hearing this first video teaching, what are you most looking forward to in this study and why?

CLOSE. Provide a few moments for group members to ask questions or share other thoughts about this session.

Take time to do a quick walk through the Bible study book. Share about the weekly structure and the five days of personal study to complete in each week. Encourage women to do what they can. If they are unable to finish all five days of the personal study, they can still learn and contribute to the group time each week. Brainstorm specific times when they might try to complete their personal study each day.

Set the commitment and time expectations you have for your group, and take the opportunity to cover any important housekeeping notes.

Remind your group to complete Session One of the Bible study book before your next group gathering.

Close with prayer. Ask how the group can be praying for one another over the coming week, and then pray together.

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THE QUESTIONS

GATHER. Welcome participants back to the study. Allow a time of introductions for any newcomers. Use the following questions to get your group talking and to review the personal Bible study from Session One: *Simon Peter: A Disciple Anchored to Christ.*

What was an event, circumstance, or decision that radically changed the trajectory of your life? How was your life altered by this moment?

Which day of study was your favorite and why?

Read John 1:40-42. On Day 1 we focused on Peter's early encounters with Jesus. How do you think these first interactions set the tone for what Jesus wanted to do in and through Peter?

What events in Acts 2, 3, and 4 give evidence that Peter's life had been transformed from impetuous follower to powerful proclaimer? How does this encourage you in your own walk with the Lord?

Read Acts 11:1-9. How did the events of Acts 10 radically change Peter's mindset and ministry?

What is your main takeaway from this week's personal study?

WATCH. Play the teaching video for Session Two. Encourage participants to take notes on the Group Session Two "Watch" page (p. 44).

DISCUSS. Use the following questions to debrief the Group Session Two video teaching. You can also find these questions on page 45 in the Bible study book.

What's one thing that stood out to you from the video teaching and why?

What are some significant questions that you have asked or have been asked of you?

Why did the disciples struggle to truly understand who Jesus was? What sometimes causes you to struggle to understand who Jesus is?

In regard to Peter walking on the water, are you more encouraged that he was willing to step out of the boat, or discouraged because he took his eyes off Jesus and fell into the sea? Explain.

What are some "winds and waves" of your world that tempt you to doubt and take your eyes of faith off of Jesus?

When Jesus asked the disciples "Who do people say that I am?" they reported what they were hearing. Who are people today saying Jesus is? What is causing their confusion?

If someone were to ask you "Who is Jesus?" how would you answer?

From this video teaching, what do you see in Peter's life and letters that show what he's learning about being anchored to Jesus? What are you learning about being anchored to Jesus?

CLOSE. Provide a few moments for group members to ask questions or share other thoughts about this session.

Ask for volunteers to share ways Jesus is calling them to step out of their comfortable "boats" and walk by faith. Close by providing time for group members to pray for each one who shares.

group session three

TEACHABLE MOMENTS

GATHER. Welcome participants back to the study. Use the following questions to get your group talking and to review the personal Bible study from Session Two: *Our Living Hope.*

Share about a letter, card, or email you have received that carried great meaning for you. What made it so important to you?

Which day of study was your favorite and why?

On Day 1, you were asked to read through all of 1 Peter. What was your overall impression of the letter? What challenges and encouragement did you find there?

Read 1 Peter 1:1-2. Why did Peter call his audience "elect exiles" and how does that term still apply to us as believers today?

Read 1 Peter 1:3-4. What is the living hope we have been born into and how is our eternal inheritance characterized?

What is your main takeaway from this week's personal study?

WATCH. Play the teaching video for Session Three. Encourage participants to take notes on the Group Session Three "Watch" page (p. 74).

DISCUSS. Use the following questions to debrief the Group Session Three video teaching. You can also find these questions on page 75 in the Bible study book.

What's one thing that stood out to you from the video teaching and why?

How would you define a teachable moment? Share an example of a teachable moment you've experienced.

How is that Peter went from the mountain high of confessing Jesus as Messiah to the valley low of being rebuked by Jesus? Have you ever experienced a moment like that? Explain. What does it mean to deny yourself, take up your cross, and follow Jesus?

How did Peter get it wrong on the Mount of Transfiguration and what was the danger in what he said?

Peter received a perspective shift to help him understand he needed to place his hope and fix his eyes on eternal things. Why are we so prone to focus on this world instead of eternity?

How does an eternal focus change the way we live our lives? What needs to shift for you to have an eternal focus?

From this video teaching, what do you see in Peter's life and letters that show what he's learning about being anchored to Jesus? What are you learning about being anchored to Jesus?

CLOSE. Provide a few moments for group members to ask questions or share other thoughts about this session.

Ask group members to take a few moments and pray silently. Encourage them to ask God to show how their current perspective needs to change and give them strength to gain and/or maintain an eternal focus.

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THE PASSOVER

GATHER. Welcome participants back to the study. Use the following questions to get your group talking and to review the personal Bible study from Session Three: *Your Identity in Christ.*

Have you ever experienced a case of mistaken identity? If so, what happened?

Which day of study was your favorite and why?

Read 1 Peter 1:13-17. How are we called to live as children of God? What does it mean to live holy?

Read 1 Peter 2:9-10. What is our identity as the people of God and what are we called to do? How are you currently proclaiming the praises of God?

Review 1 Peter 2:11-17. What are some of the instructions Peter gives on how we are to live in the world? What is our motivation to live this way and why does it matter?

What is your main takeaway from this week's personal study?

WATCH the teaching video for Group Session Four. Encourage participants to take notes or jot down questions on the Group Session Four "Watch" page (p. 104).

DISCUSS. Use the following questions to debrief the Group Session Four video teaching. You can also find these questions on page 105 in the Bible study book.

What's one thing that stood out to you from the video teaching and why?

What does the phrase "Something is worth what someone is willing to pay for it" mean? How does that apply to what Christ has done for us?

How did Jesus show He was totally in command of the details of the last supper? What evidence have you seen that Jesus is sovereignly in command of what's taking place in the world and in your life? How did Jesus fulfill what the Passover feast represented?

What were your thoughts and emotions the last time you took the Lord's Supper (Communion) at your church? What heart posture should we bring to this meal and why?

Peter said in 1 Peter 1 that "you were redeemed from your empty way of life"...by "the precious blood of Christ." How should the costly price of our redemption affect the way we live?

What did Jesus mean when He said "Do this in remembrance of me," and what's so important about remembering?

From this video teaching, what do you see in Peter's life and letters that show what he's learning about being anchored to Jesus? What are you learning about being anchored to Jesus?

CLOSE. Provide a few moments for group members to ask questions or share other thoughts about this session.

Challenge participants to truly take time to reflect on what Christ has done for them the next time they take Lord's Supper. Lead the group in a closing prayer.

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THE GRACE OF GOD

GATHER. Welcome participants back to the study. Use the following questions to get your group talking and to review the personal Bible study from Session Four: *Anchored to God's Glory.*

Ask volunteers to share experiences where they've had opportunities to share about their faith over the last few weeks.

Which day of study was your favorite and why?

Read 1 Peter 3:1-7. Day 1 dealt with the relationship between husbands and wives. For those who are single, what did you take away from this lesson? For those of you who are married, what did you learn from this day of study and what are your thoughts on this passage?

Read 1 Peter 3:13-15. From what you learned in Days 3 & 4, how are we to treat one another and how are we to respond to an unbelieving world?

How would you summarize Peter's teaching on suffering? And what instructions did he give about standing firm in Chapter 5? Which instruction stands out to you and why?

What is your main takeaway from this week's personal study?

WATCH. Play the teaching video for Group Session Five. Encourage participants to take notes on the Group Session Five "Watch" page (p. 130).

DISCUSS. Use the following questions to debrief the Group Session Five video teaching. You can also find these questions on page 131 in the Bible study book.

What's one thing that stood out to you from the video teaching and why?

Have you ever had a time when you really let someone down? If so, what was the situation and what were the emotions around the event? What were the lasting effects of what you did?

How would you define grace and how have you experienced it?

Marian said we are not only saved by grace but kept by grace. What did she mean?

How did Peter blow it and how was he restored by Jesus? What are some aspects of this story that really resonate with you?

When have you spiritually blown it and how has the Lord restored you? How has that moment shaped your life?

When Jesus asks you "Do you love me more than these?" What are the "these" for you? What are the things you cling too tightly to and what needs to happen for you to let them go to love Jesus with your whole heart?

From this video teaching, what do you see in Peter's life and letters that show what he's learning about being anchored to Jesus? What are you learning about being anchored to Jesus?

CLOSE. Provide a few moments for group members to ask questions or share other thoughts about this session.

Ask the group members to think of someone they know that's blown it and desperately needs to hear how God can restore them. Lead your group to quietly pray for those they have in mind, and commit to be part of restoring them. Finish this prayer time by asking if there's anyone in the group who feels she has blown it and would like for you and the group to pray for her. If someone responds, gather around that person and encourage her with love, grace, and prayer. Be sensitive to the Spirit's leading in this time.

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THE CHURCH IS BORN

GATHER. Welcome participants back to the study. Use the following questions to get your group talking and to review the personal Bible study from Session Five: *Anchored to the Word of God.*

What are some favorite gifts you've received and what made them special to you?

Which day of study was your favorite and why?

On Day 1 you were asked to read through all of 2 Peter. What was your impression of this letter? How did you find it similar and different from 1 Peter? What are some themes, instructions, teachings that jumped out at you? Why?

Read 2 Peter 1:3-4. What have we received from God? How did we receive it, and what is the result of what we have received? How are you encouraged and challenged by this passage?

Read 2 Peter 1:13-15. On Day 5 you were asked to think of those coming behind you in the faith and what you would want to say to them about walking in faithfulness if your death was imminent. Some of you share what you wrote and why.

What is your main takeaway from this week's personal study?

WATCH. Play the teaching video for Group Session Six. Encourage participants to take notes on the Group Session Five "Watch" page (p. 156).

DISCUSS. Use the following questions to debrief the Group Session Six video teaching. You can also find these questions on page 157 in the Bible study book.

What's one thing that stood out to you from the video teaching and why?

How have you seen the power of the Holy Spirit be evidenced in your church's fellowship and ministry outreach?

Describe the difference in the Peter who denied Christ to the Peter we see at Pentecost. What's the biggest change the Holy Spirit has made in *your* life?

Share a time when the Holy Spirit gave you clear opportunity, power, and words to share your faith.

What do you learn about facing persecution from how Peter, John, and the early church faced it?

The religious leaders remarked that it was evident that Peter and John "had been with Jesus." Do you think those around you would say the same about you? If so, why? If not, why not?

How did the promise of Jesus's return affect the ministry of Peter and the other apostles? How does the imminent return of Christ affect the way you live your life? How should it?

From this video teaching, what do you glean from Peter's life and letters that show what he's learning about being anchored to Jesus? What are you learning about being anchored to Jesus?

CLOSE. Provide a few moments for group members to ask questions or share other thoughts about this session.

Lead a season of prayer, asking volunteers to voice prayers asking the Holy Spirit to have freedom to work powerfully in your lives and your church so that the gospel is boldly proclaimed and many lives are changed.

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THE GREAT COMMISSION

GATHER. Welcome everyone. Begin with prayer, asking God to bless your session. Thank Him for the fellowship you've had these past weeks.

Welcome participants back to the study. Use the following questions to get your group talking and to review the personal Bible study from Session Six: *Anchored to Our Blessed Hope*.

Who was your favorite teacher and why were they your favorite? Now, think about your least favorite teacher. What was it about them that caused you to view them so negatively?

Which day of study was your favorite and why?

Read 2 Peter 2:1-2. Summarize what Peter said about false teachers in chapter 2. How have you seen or experienced false teaching in our day?

What were Peter's instructions about the return of Christ? How does 2 Peter 3:9 show God's heart for those who don't know Him? Do Peter's words frighten you? challenge you? Do they cultivate a longing for Christ's return or do you remain unmoved by them? Explain.

Read 2 Peter 3:14-18. What were Peter's last words of instruction to his readers? How do they reflect themes we've seen throughout this letter?

What is your main takeaway from this week's personal study?

WATCH. Play the teaching video for Group Session Seven. Encourage participants to take notes on the Group Session Seven "Watch" page (p. 184).

DISCUSS. Use the following questions to debrief the Group Session Seven video teaching. You can also find these questions on page 185 in the Bible study book.

What's one thing that stood out to you from the video teaching and why?

How would you define the Great Commission and explain how it is carried out in your life and church?

How have you seen God open doors for you to minister?

Is there a person or group of people you find it difficult to minister to? If so, why?

Acts 12 says "the church was praying fervently" when Peter was in prison. What does it mean to pray fervently or earnestly? When was a time the church was praying earnestly for you? Or, when was a time you and other believers were praying fervently for someone else? How did God answer those prayers?

Who are some people who have passed on the baton of faith to you? How did they do so? Who are people in your circle of influence you need to be passing on the baton to? How can you do so?

From this video teaching, what do you glean from Peter's life and letters that show what he's learning about being anchored to Jesus? What are you learning about being anchored to Jesus?

What is your main takeaway from this study? How did the Lord speak to you and what did He say? How will you live differently because of what you've experienced in this study?

CLOSE. Provide a few moments for group members to ask questions or share other thoughts about this session.

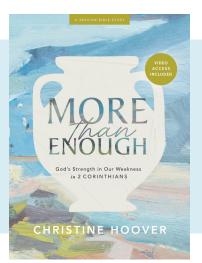
Point out to group members that through this study they've seen the arc of Peter's life with Christ. Encourage them to draw out their own on a poster board or large sheet of paper. Instruct them to consider the following: What have been the highs and lows of your spiritual life? What are lessons you've learned along the way? What is the current trajectory of your walk with Christ? How do you see God leading you in these present days and days ahead?

(If you have time, provide supplies and allow them to do this activity during the group session. If not, challenge them to do this in their own time.)

Thank the group for their time and participation. Close the study with prayer.

FINISHING WELL

NEXT STEPS. Even after the study concludes, follow up and challenge women to stay involved through another Bible study, church opportunity, or anything that will continue their spiritual growth and friendships. Provide several options of ministry opportunities that group members can participate in individually or as a group to apply what they have learned through this study.



WHAT'S NEXT?

If you enjoyed this study, check out the study *More Than Enough*.

lifeway.com/morethanenough



INTRODUCING BIBLE STUDIES with VIDEO ACCESS INCLUDED!

As trends in media consumption change from DVDs to streaming video, Lifeway made the decision to invest in technology that would allow for Bible studies to be accessed through mobile devices and smart TVs in addition to our website.

The concept of a Bible study book with video access allows us to use the technology to give all participants easier access to teaching videos. This will alleviate a concern we have heard from many group leaders of members who stop coming to their group after they miss a week of study.

HOW WILL CUSTOMERS ACCESS THE VIDEOS THAT COME WITH THEIR BIBLE STUDY BOOK WITH VIDEO ACCESS?

There is a unique access code printed in each Bible study book. They will access their video content at my.lifeway.com or through the Lifeway On Demand app.

HOW LONG WILL THEY HAVE ACCESS TO THE VIDEOS THAT COME WITH THEIR BIBLE STUDY BOOK?

There is no expiration date on the video access that comes with their Bible study book. They'll be able to access it as long as it is available through our Lifeway On Demand video apps.

WHAT ARE THE BENEFITS OF VIDEO ACCESS BEING INCLUDED IN EACH BIBLE STUDY BOOK?

- This provides more flexibility for group meeting time. Groups now have the option to have group members watch video sessions outside of group meetings to allow more time for discussion.
- If a group member misses a weekly group meeting due to sickness or travel, they will be able to access the video content on their own and continue in their study.
- Group members can re-watch video sessions that were particularly impactful on their own time.
- This simplifies what a group leader needs to facilitate Bible study. You'll now get everything you need with just the Bible study book.

• Our goal is to provide an affordable option for both individuals and churches who are looking for Bible study options.

WHAT DO CHURCHES AND INDIVIDUALS NEED TO LEAD A GROUP?

Each group member will need a Bible study book, which will include video access. There is also a DVD option for groups who want a non-streaming viewing option. In addition, select studies provide a Video Streaming - Group option for groups who choose not to use the Bible study books. For the best experience, we recommend each group member have a Bible study book.

WHEN DO GROUP LEADERS NEED A DVD SET?

Because the Bible study book includes video streaming access, the purchase of the DVD set is optional (not essential) for group leaders. This option is for groups who may not have reliable streaming internet access.