

FIGHTING WITH FEAR

BECOMING
FEARFUL
& UNAFRAID

KATE DOWNING

A NOTE TO
PARENTS

Fear is often the basis of our anxiety, relationship struggles, doubt, and insecurity. It can rob us of our joy and hold captive our minds. But here's the good news: God has provided a weapon for our fight with fear—the fear of God. As we dive into the book of Nehemiah, students will learn some practical tools for overcoming the lies of fear, and, most importantly, they will get to know the truth of who God is as we learn to become fearful of God and unafraid of every other fear.

To find out more about this study,
check out lifeway.com/fightingwithfear

SEVEN SESSIONS:

- Session 1:** Fighting with the Fear of God
- Session 2:** Fighting the Fear of Hopelessness
- Session 3:** Fighting the Fear of the Unknown
- Session 4:** Fighting the Fear of Loneliness
- Session 5:** Fighting the Fear of Scarcity
- Session 6:** Fighting the Fear of Man

DATE

TIME

LOCATION

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