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CLASSIC

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- Session Outlines
- "Red Zone" Features
- Personal Action Plan
- Additional Resources

# 33

## THE SERIES™

**AUTHENTIC**  
MANHOOD

VOLUME **4** TRAINING  
GUIDE

### A MAN AND HIS WORK

Designed for use with  
33 DVD Series

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LifeWay | Men



**33**

**THE SERIES™**

**AUTHENTIC  
MANHOOD™**

**VOLUME  
4**

**TRAINING  
GUIDE**

**A MAN AND HIS WORK**

# A MAN AND HIS WORK

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# How to Experience **33** as an Individual or Group

**33 The Series** can be viewed on DVD, downloaded from [authenticmanhood.com](http://authenticmanhood.com), or experienced via mobile apps. Any of these three delivery systems can be utilized by groups or individuals. *One of the great things about this series is the variety of ways it can be used and/or presented.*

The series is organized in a way that provides flexibility and offers a variety of options on how the material can be experienced. **33** is organized into six topically-themed volumes that include six sessions each. *Volumes include topics on a man's design, story, traps, parenting, marriage, and career.* You can choose to commit to one volume/topic at a time, by limiting a particular experience to six sessions, or you can combine multiple volumes into one expanded experience that includes more sessions (12, 18, 24, 30, or 36). You can also choose any combination thereof.

*However you choose to experience 33, the manhood principles and practical insights taught in each volume are essential for every man on the journey to Authentic Manhood. *



# How to Make the Most of Your **33** Experience

*33 The Series is more than just a video series for you to watch, and then mark off your list. When experienced with other men, it can be the pathway to Authentic Manhood that changes your life forever. Authentic Manhood is truly a movement that you can become a part of, and then passionately invite others to join.*



- 1 Make sure you have a team.** Your experience will be greatly enhanced if you form a team with other men or at least one other man to help process the truths that you receive.
- 2 Make sure every man has a 33 Training Guide.** A 33 Training Guide will enable men to take notes, record a strategic move after each session and create an action plan at the end. It also contains articles, interviews and features that will support the truths men receive from the video teaching.
- 3 Make sure you stay caught up.** All the sessions of 33 can be purchased online and downloaded for only a few dollars per session. If you are viewing 33 with a group and miss a session, you can download the session you missed and stay caught up. (Purchase downloads at [www.33authentic.com](http://www.33authentic.com))

**Most importantly...**

- 4 Make sure you pass on the truths you learn to other men.** When session six ends, the exciting part just begins. Don't just sit back and wait for another study. Instead step up and find another man or group of men to lead through the volume you just completed. For a small investment of just a few dollars, you can download your very own set of this series and use it to make a HUGE investment in the lives of other men.

# From a Weekly Gathering to a Global Movement

**S**everal years ago, Dr. Robert Lewis responded to the desire of a handful of men who were hungering for more than a Bible study. They wanted a map for manhood – a definition of what it meant to be a man. They needed help to leap over the hurdles they were encountering in life.



churches to prisons, on military bases and the field of battle, at NASA and even on a space shuttle mission. Wherever the messages were heard, the challenge remained the same: to call men to step up and follow biblical manhood modeled by Jesus Christ.

Robert responded by launching a weekly gathering called *Men's Fraternity*, challenging men to join him at six o'clock each Wednesday morning for 24-weeks. From the depth of his own personal experience and the pages of Scripture, Robert developed what came to be known as the Men's Fraternity series:

The Men's Fraternity curriculum *was created on the front lines where men live, written in the trenches in response to men who pleaded for purpose and direction*. It has proven to be the most widely used and effective material on Authentic Manhood available today.



- *The Quest for Authentic Manhood*
- *Winning at Work & Home*
- *The Great Adventure*

*What began as a weekly meeting of men searching for answers to their manhood questions has grown into a bold movement that has dramatically impacted the lives of men, their families and communities.* 

What began with a few men huddling up grew into a weekly gathering of more than 300 men. In just a few years, local attendance at Men's Fraternity climbed to more than a 1,000 men.

The message of Authentic Manhood began to spread and soon exploded into a global movement *impacting more than a million men in more than 20,000 locations worldwide* – from locker rooms to boardrooms, from





# A Movement that **Grows Authentic Men and Plants Churches**

For over a decade, Fellowship Associates has helped over *a million men all over the world to discover the life of truth, passion, and purpose they were created to live through Authentic Manhood materials*. During that same decade, Fellowship Associates has been directing a church planting residency program that has been recognized as one of the most effective church planting efforts in the world.

The proceeds from the sale of Authentic Manhood materials have helped underwrite the planting of 65 (and growing) gospel-centered churches throughout the United States as well as in Canada, Hong Kong, Dubai, Guatemala, Poland, and Spain. [ES](#)

## ~ Map of U.S. Church Plants ~



# The Presenters



## BRYAN CARTER

Bryan Carter taught the original **Men's Fraternity curriculum** to a group of more than 800 men over a three-year period at Concord Church. Additionally, he has been a frequent speaker at local and international churches, conferences and events.

Bryan is the Senior Pastor of Concord Church in Dallas, Texas.

He is the author of a 28-day devotional book entitled *Great Expectations*. Bryan also contributed to the book *What Two White Men of God Learned from Black Men of God*, co-authored by Dr. Joel Gregory and Dr. Bill Crouch.

A recreational basketball player, Bryan is a fan of the NBA's Dallas Mavericks.

Bryan and his wife Stephanie are the parents of two daughters, Kaitlyn and Kennedy, and one son, Carson.

## TIERCE GREEN

Tierce Green is Pastor of House Churches at Church Project in The Woodlands, Texas where his primary role is to call men up and equip them to lead and care for people. He also travels extensively as a speaker at conferences and training events. He taught the principles of Authentic Manhood to over a thousand men each week over a seven-year period in a seasonal gathering called The Quest.

Tierce created and produced a 12-session video series for men called *Fight Club: Some Things Are Worth Fighting For*. He has also written curriculum for Student Life and LifeWay.

A lifelong Dallas Cowboys fan, Tierce's favorite activities include landscaping, grilling just about anything, and having good conversations.

He and his wife Dana were married in 1987. They have one daughter, Anna.

## JOHN BRYSON

Seeing firsthand the impact the original **Men's Fraternity curriculum** had on his own life, John Bryson decided to teach the material himself. In the years since, he has led thousands of men through the basic ideas of biblical manhood.

John is a co-founding teaching pastor of Fellowship Memphis in Memphis, Tennessee.

In 2010, he completed his Doctor of Ministry from Gordon-Conwell Theological Seminary. John is also the author of *College Ready*, a curriculum for college students, and travels the country consulting and investing in churches, church planters, leaders and new ideas.

A native of Harlan, Kentucky, John played baseball at Asbury College.

He and his wife Beth have 6 children: Brooke, Beck, Bo, Boss, Blair and Bayne.

# Tension

SESSION **ONE** | Training Guide

# Tension

Presented by Bryan Carter

## I. INTRODUCTION

1. A Man and His Work
2. Work is a \_\_\_\_\_ force in the life of every man creating tensions that must be balanced.
3. Most of us have never engaged in a deliberate \_\_\_\_\_ that helps us reflect deeply on God's design and purpose for work.
4. Work can be exhilarating, fulfilling and purposeful.
5. We want to give a new \_\_\_\_\_ of the nature and purpose of work.

## II. WHAT WE WANT FROM WORK

1. We all want to be \_\_\_\_\_.
  - We all want to be good at what we do for a living.
2. We want to be fairly compensated for a job well done.
3. We want the \_\_\_\_\_ job fit.
4. We want to know our work matters.
  - We want more than success, we our want work to be \_\_\_\_\_ and significant.

### III. CONVENTIONAL RESPONSES TO WORK

#### 1. Disengaged

- \_\_\_\_\_ of American workers are either “not engaged” or “actively disengaged” at work.<sup>1</sup>
- This misunderstanding has been robbing men of truth, passion and purpose ever since sin entered the world.

#### 2. Disappointed

- Less than half of U.S. workers report being \_\_\_\_\_ with their job; and a third are disappointed in the amount of money they earn and the amount of stress in their jobs.<sup>2</sup>

#### 3. Over-engaged

- 86% of American men report working more than 40 hours in a typical week<sup>3</sup> while taking fewer vacation days than people in most countries.<sup>4</sup>
- Many men often over-engage in work because they are \_\_\_\_\_ it over everything else in life.

#### 4. Underworking

- This response often springs from a lack of personal ambition or career \_\_\_\_\_.

<sup>1</sup>“Majority of American Workers Not Engaged in Their Jobs,” Gallup, 28 October 2011, <http://www.gallup.com/poll/150383/majority-american-workers-not-engaged-jobs.aspx>.

<sup>2</sup>“U.S. Workers Least Happy With Their Work Stress and Pay,” Gallup, 12 November 2012, <http://www.gallup.com/poll/158723/workers-least-happy-work-stress-pay.aspx>.

<sup>3</sup>United Nations Statistics Division, “Percent Working More than 40 Hours Per Week,” <http://data.un.org/Data.aspx?q=40&d=GenderStat&f=inID%3a119>.

<sup>4</sup>“Expedia® Vacation Deprivation® Key Statistics,” Expedia®, [http://www.expedia.com/p/info-other/vacation\\_deprivation.htm](http://www.expedia.com/p/info-other/vacation_deprivation.htm)

#### IV. THE HISTORICAL ERAS OF WORK

##### 1. Agricultural Era

- The identity and value of a man was most often tied to his relationship with his \_\_\_\_\_ and his community rather than his work.
- As late as 1890, 40% of the U.S. population still listed their occupation as farming.<sup>5</sup> Today, less than 1% of the U.S. population list their occupation as farming.<sup>6</sup>

##### 2. Industrial Era

- During the industrial era, we see an emphasis on efficiency and \_\_\_\_\_.
- The mass production of the industrial era also enabled mass consumption.
- Work became the \_\_\_\_\_ way men defined themselves.

##### Informational Era

- This era is defined by the use of technology to replace workers and familiarity with technology is a minimal requirement for many jobs.
- The informational era is defined by innovation.

#### V. TENSIONS FROM THE HISTORICAL ERAS OF WORK

1. Many of you are experiencing a real blurring between \_\_\_\_\_ and your work .
  - “In contemporary technological civilization, which can boast of remarkable labor-saving innovations, human beings paradoxically work more than they have ever worked before... Increasingly, people’s lives today alternate between frenzied work and frenzied play. Rest has been driven out of leisure.”

- Miroslav Volf

<sup>5</sup> Ikerd, John, “New Farmers for a New Century.” Presented at Youth in Agriculture Conference, Ulvik, Norway, 14-15 February, 2000. Available Online <http://web.missouri.edu/ikerdj/papers/Newfarmer1.htm>.

<sup>6</sup> U.S. Environmental Protection Agency, “Demographics,” <http://www.epa.gov/agriculture/ag101/demographics.html>.

2. Another tension that many of you may feel is having to change jobs or careers multiple times.

- Change has become the \_\_\_\_\_ not the exception.

3. The potential for vocational \_\_\_\_\_ between fathers and sons.

- It is not as easy for a dad to be involved in a son's vocational development.

## VI. CONCLUSION

1. We are going to take you through a \_\_\_\_\_ process and equip you with a God-sized vision of work.

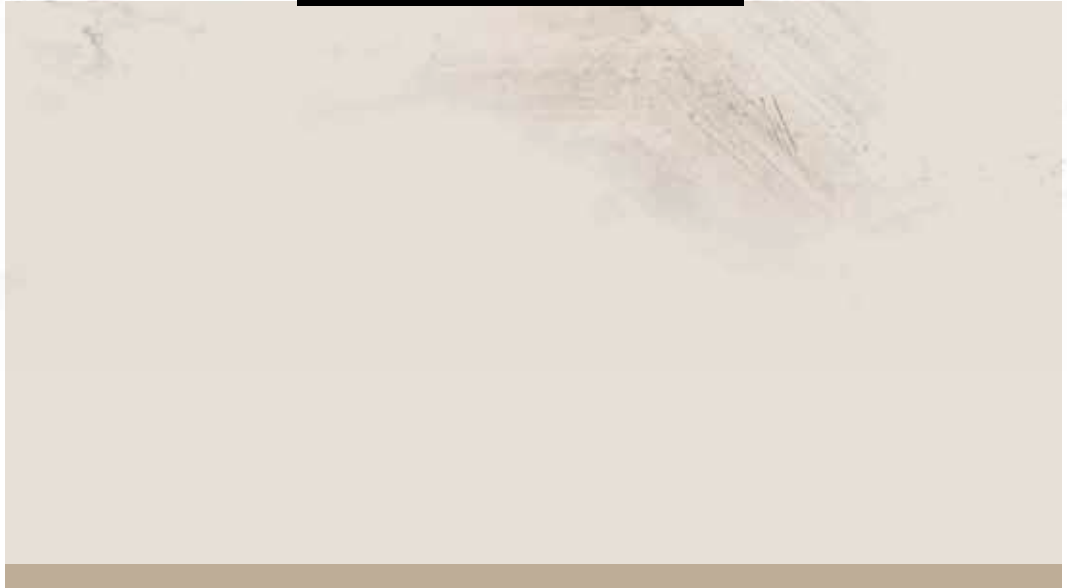
2. We will show you God's original intention for work.

**DISCUSSION / REFLECTION QUESTIONS**

1. How does your job create tension in your life? Explain.
2. Bryan talked about four things all men want from work: success, fair compensation, a good fit, and meaning. Are any items on that list presently eluding you or creating frustration in your job?
3. Are you more prone to disengage, feel disappointed, over-engage, or underwork in your occupation? How have you tried to resist these conventional responses to work?
4. Bryan noted that during the informational age men have experienced a blurring between their work and leisure. He quoted one expert who stated that “people’s lives today alternate between frenzied work and frenzied play. Rest has been driven out of leisure.” Are there clear boundaries between your work and your leisure? How has the informational era created tensions in your work life?
5. How did your dad’s view of work affect you? Was there ever any vocational tension between you and your parents?



**AUTHENTIC  
M A N H O O D  
YOUR STRATEGIC MOVE**



**RESOURCES ON THE FOLLOWING PAGES:**

- The Four Conventional Responses (p. 16-17)
- Wealth, Power & Recognition (p. 18-21)
- **THE RED ZONE:** 10 Reasons People Hate Their Jobs (p. 22-23)



# 4 CONVENTIONAL

**RESPONSES TO WORK**

- » Lack of contentment in a job
- » Unmet expectations
- » Death of a dream
- » Work feels like a deficit or dark cloud



## DISAPPOINTED

- » Allowing your work to consume your time and thoughts
- » Can be considered a virtue by some
- » Can't relax without having work withdrawals
- » Make work a source of significance, worth or value



## OVER-ENGAGED

- » Just going through the motions
- » Not passionate about what you're doing
- » Work is just a means to a paycheck
- » Ultimate goal is retirement



## DISENGAGED

- » Do whatever it takes to avoid work
- » Leisure is main goal
- » No clear career vision, just dabble in different things
- » Better at intending to work than actually working



## UNDERWORKING

WEALTH  
POWER  
RECOGNITION

# EXPOSING THE EMPTY PROMISES OF WORK

BY JOSH WEISS

Scripture is very clear; men were created to work. Work provides direction and allows us to use our talents and abilities to express ourselves and impact the world. From day one in Eden to day one hundred million in eternity, there has been and always will be work for us to do as image-bearers of God and co-creators with Him. Ultimately, to be made in the image of God is to be made in the image of a worker.

God has positioned each of us in the world and commanded us, as He did Adam, to “rule over and subdue the earth.” The Creator of the universe has made us the steward of our own small piece of His kingdom and then charged us as men with the responsibility of not only preserving but prospering it. However, the reality is that we are fallen people living in a fallen world. Our sin has warped our attitude toward work. We struggle to see it as anything but a necessary evil, and the redemptive purpose behind our work is buried underneath the empty promises of **WEALTH**, **POWER**, and **RECOGNITION**. Work becomes something we do to provide for the parts of life we enjoy, to gain the approval of others or to feel in control. We are no longer motivated by God’s idea of work but by whether or not our job meets our deepest needs. In essence, we have elevated work to a place it was never

intended to be while simultaneously stripping it of all of its deeper, God-given meaning. The irony is astounding.

In *Mere Christianity*, C.S. Lewis writes, “Most people, if they had really learned to look into their own hearts, would know that they do want, and want acutely, something that cannot be had in this world. There are all sorts of things in this world that offer to give it to you, but they never quite keep their promise.”<sup>1</sup> For most men, work is this thing Lewis speaks of, a thing that always over-promises and under-delivers.

These three promises of work mentioned above - the promises of **WEALTH**, **POWER**, and **RECOGNITION** - are not enough to satisfy, yet they dominate the marketplace. They are the motivations that wake us up in the morning, drive us during the day and always leave us unfulfilled as we lay our heads down at night. Yet, we continue to chase them, hoping tomorrow will be different, expecting different results from a recipe with all of the same ingredients. How do we get out of this “cul-de-sac of stupidity,” as one pastor has called it? How do we free ourselves from this search for meaning?

We must expose these empty promises for what they are...

**LIES.**

# WEALTH



**THE LIE OF WEALTH** tells us that if we just made more money, then we would be fulfilled. If we just made more money, we could be more comfortable at home, take better vacations, save more for retirement, retire earlier, etc. It tells us that our salary defines our value and beckons us to do whatever is necessary to increase it.

This lie runs rampant in our capitalist society where the sole goal of most men is to make as much money as possible as quickly as possible so they can retire as soon as possible, leading to over-worked men who spend the best hours of their days in the best years of their lives trying to increase the bottom-line instead of pouring time and resources into those they love and the world around them. It is a lie that may build a bank account but will never build a legacy.

We must see the incredible impact that a life invested can have. As I have heard it said, "You'll never see a hearse pulling a U-Haul." You cannot take it with you. There will come a day where we all meet death, the great equalizer, and, in that day, it will not matter how big our account balance is but how well we stewarded what was entrusted to us for the glory of God and the benefit of others.

# POWER



Many men are also prone to believe **THE LIE OF POWER**. The lie of power offers true fulfillment when we are in control. These men take delight in the submission of others to their command. They say things like, "It's my way or the highway," or "If you don't like it, you can leave." They have no regard for the well-being of others; instead, they relish the opportunity to put someone in their place and show someone who is boss. This lust for

power will eventually create a vicious tyrant who reigns supreme and whose very presence warns others that they dare not defy him. His wife cringes under his leadership, his children resent him, and his employees ask for a transfer.

Yet, the irony of it all is that any power we as humans may have is simply an illusion. There is not one of us who at any moment could not be stripped of everything for which we have so aggressively fought. It takes only a pebble thrown down from on high to topple the walls of our own weak, little kingdoms we try so desperately to defend.

# RECOGNITION



Lastly, we as men may be motivated by recognition. **THE LIE OF RECOGNITION** tells us that fulfillment at work will come when people recognize our accomplishments. Once people see how well we do our job or how much work we do, then we will be appreciated. The lie of recognition tells us to ensure that we are visible, to elevate ourselves above others and to look out for ourselves first. Those who buy into the lie of recognition cannot be supportive of someone else's work because they view others as "the competition." They are always looking out for themselves because they are afraid that someone else might take their praise, or worse, their position.

The lie of recognition might be the most painful of all because it puts us on the treadmill of performing. We must recognize, as an authentic man, that meaning and fulfillment are not found in how well we compare to others but in what God has said about us when He showed His love and grace through His Son.

©C.S. Lewis, *Mere Christianity*, (New York: Scrivner, 1943), 104-105.

# IT IS MY PRAYER

---

that we as men would not buy into these empty promises involving work but would, instead, be **MOTIVATED BY GOD'S GRACE**, what He's already done for us and His call to further the portion of His kingdom that He has already so graciously entrusted to us. Might we take Him at His word that our work matters regardless of how much **WEALTH, POWER, or RECOGNITION** we obtain. It matters because He promises us that, in Him, our labor is not in vain.

# 10 REASONS PEOPLE HATE THEIR JOBS



- 10- THEY THINK THE GRASS IS GREENER SOMEPLACE ELSE
- 9- THEIR VALUES DON'T ALIGN WITH THE COMPANY'S
- 8- THEY DON'T FEEL VALUED
- 7- JOB INSECURITY
- 6- THERE IS NO ROOM FOR ADVANCEMENT
- 5- THEY ARE UNHAPPY WITH THEIR PAY
- 4- THERE IS TOO MUCH RED TAPE
- 3- THEY ARE NOT BEING CHALLENGED
- 2- THE PASSION IS GONE
- 1- TERRIBLE BOSS





## SUPPORTING RESOURCES

**Volf, Miroslav.** *Work in the Spirit: Toward a Theology of Work.* Wipf and Stock, 1991.

Miroslav Volf offers a theology of work. The first two chapters offer a very helpful discussion of the historical eras of work and how they have affected our contemporary world.

**Nelson, Tom.** *Work Matters: Connecting Sunday Worship to Monday Work.* Crossway, 2011.

Tom Nelson offers an easy-to-read perspective on why work is important. This book can help men trying to find the value of work amidst all the tension it creates.

*\*The content in the resources above does not necessarily reflect the opinion of Authentic Manhood. Readers should utilize these resources but form their own opinions.*



An Experience for Individuals or Groups

VOLUME

4

# A MAN AND HIS WORK

**33**  
THE SERIES™

## A JOURNEY TO AUTHENTIC MANHOOD AS MODELED BY JESUS IN HIS 33 YEARS ON EARTH.

Work and career play a major role in the life of every man. This volume of *33 The Series* begins by recognizing the obstacles and tensions that men can experience in their work-lives and then unfolds a process that helps men move beyond the conventional perspective of work that can lead to dead ends and frustration. It leads them to a bigger, biblical vision of work that goes back to God's original intentions.

A Biblical Blueprint of work is introduced to serve as a guide that men can apply to their work journey as they seek to come alive and live out God's will in their work. Some biblical and modern examples will help men begin to understand how they can apply the Blueprint to their lives. Also included are: key essentials that help men live out the Blueprint; dangerous work traps that can derail a work journey; and important catalyzers to help maximize their work experiences.

Work is too important for us to settle. It is a huge part of who God made us to be. It is essential to understand and master God's vision of work for us in order to live out work-lives full of passion and purpose.



*"I'm excited about 33 The Series and the way that it deeply connects with today's man. It presents the timeless truths of Authentic Manhood in a powerfully new and engaging way. I encourage every man to check it out and join the movement."*

*Dr. Robert Lewis, creator of the original Men's Fraternity series*



Teaching team: Bryan Carter, Tierce Green, John Bryson

**AUTHENTIC  
MANHOOD**

is a movement that leads men to live the life of truth, passion and purpose, that they were created to live.

[authenticmanhood.com](http://authenticmanhood.com)

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