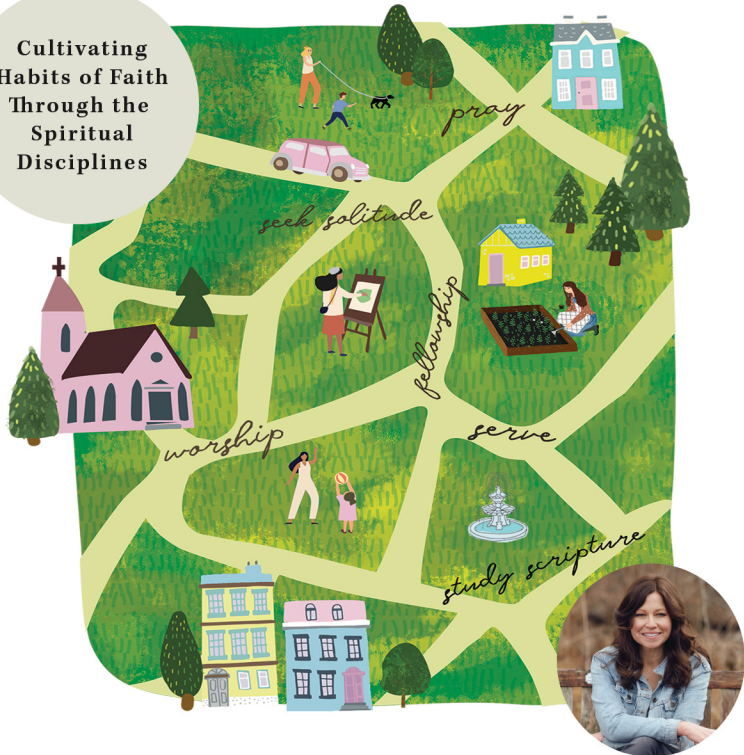


# ENCOUNTERING GOD

Cultivating  
Habits of Faith  
Through the  
Spiritual  
Disciplines



## A 7-SESSION STUDY BY KELLY MINTER

Join Kelly Minter as she unpacks the biblical foundation for these spiritual disciplines along with approachable ways to practice disciplines like prayer, study, worship, rest, simplicity, generosity, celebration, and many more. Instead of being just one more thing on your to-do list, you'll find that these habits of faith can actually create more margin in your life—providing peace and rest as you walk closer with Jesus.