

#### LIFE POINT

God tells us what He wants us to know and do.



God helps me.

#### **SCRIPTURE** REFERENCE

Exodus 19-20: 31:18: Deuteronomy 5:1-21

#### **UNIT VERSE**

God, You are great, and no one is like You. 2 Samuel 7:22

#### **WEEKLY VERSE**

We will do what God says. Exodus 19:8

#### SUGGESTED FOR THE WEEK OF

September 28

# **GOD GAVE THE TEN COMMANDMENTS**



## **LEADER BIBLE STUDY**

#### CONTEXT AND COMMENTARY FOR PERSONAL STUDY AND PREPARATION

(For age-appropriate language, use the Bible story on the following page)

When Moses met with God at Mount Sinai, it was not the rst time. Most scholars agree that Mount Sinai and Mount Horeb were the same place, the mountain where Moses initially encountered God in the form of a burning bush (Exodus 3). At that time, God gave Moses a sign so he and the Israelites would know that God was the One responsible for their freedom. "When you bring the people out of Egypt, you will all worship God at this mountain" (Exodus 3:12).

When Moses brought the people to Mount Sinai, it was the ful Ilment of God's promise to rescue His people. God promised Moses He would bless the people mightily if they would only listen to Him and obey His commands. God promised to make the Israelites a kingdom of priests and a holy nation. The priest's job was to mediate between a holy God and an unholy people, to serve God, and to teach His ways. By making Israel a kingdom of priests, they were to represent God to the nations and teach them His ways. Before they could do that, they must rst know more about the God they were to serve.

Before giving the Law, God repeatedly warned the Israelites not to step foot on the mountain lest they die. These warnings were not oppressive restrictions on their freedom. They were acts of mercy. The Israelites needed to know their God was not like any of the gods they had ever heard about. He was holy and set apart. He alone was to be worshiped. They had to eradicate idolatry from their midst. They were to treat God's name as holy and demonstrate reverence and honor for God by honoring their earthly parents. They were to show love by respecting each other's lives, marriages, property, reputations, and possessions. God's heart was to dwell with His chosen people. He told them what they must do to pursue holiness so they could be in His presence.

When God gives commands, they are always for the good of His children. As you pray this week, thank God for giving you His Word so you may know His character and respond in faith and obedience. Ask Him to help you represent Him well to an unbelieving world.



#### **God Gave the Ten Commandments**

-Based on Exodus 19-20; 31:18; Deuteronomy 5:1-21

#### **BIBLE STORY FOR 1s**

Moses went up on a mountain to talk to God.

God told Moses some rules. The rules told the people how they should live and what they should do and should not do. Moses told the people what God said.

God wrote the rules on stone tablets.

The people said they would do what God said.

#### **BIBLE STORY FOR 2s**

Moses and the Israelite people camped in the wilderness.

Moses went up on a mountain to talk to God.

God told Moses the rules for how the people should live and what they should and should not do.

Moses continued to go up the mountain to talk with God and then tell the people what God said.

God wrote the 10 rules on stone tablets.

#### **GATHER TIME FOR OLDER 2s**

- Gather and sing. Sing and move to "Stand Up and Clap!" and "God, You Are Great." Explain that we will learn that God tells us what He wants us to know and do.
- Tell the Bible story and review. Open the Bible. Mention that the Bible story is from the books of Exodus and Deuteronomy in the Old Testament. Show the Moses gure. Ask who it is. Say that we will learn more about Moses today. Tell the Bible story. Display and use the teaching picture to review the Bible story. Encourage the boys and girls to show 10 ngers when you say the words "Ten Commandments."
- Hear the Bible verse. Open the Bible to the verse strip. Read aloud the verse. Encourage the toddlers to echo each word after you say it.
- Wrap up. Pray, thanking God for showing the children how He wants them to live. Ask God to help the boys and girls to obey God's rules. Sing "God Is Good."



#### CHOOSE YOUR TIME

Decide when to have group time; then select learning activities to use before and/or after group time.

- » Pack Items:
  - 15: "W eekly Verses"
  - 33: "Door Poster Unit 1"
  - 36: "Bible People" (Adult Moses)
- » Teaching Picture 4
- » Music
- » Bible, scissors, tape, craft stick
- » Separate and place the Weekly Verse strip in the Bible at Exodus 19. P ost the door poster outside the room door. Cut apart the adult Moses figur . Tape the figure to the craft stick.

**Tip:** Use the Moses figure from the last session.



# BIBLE-LEARNING ACTIVITIES

- » Real flat stones or construction paper cut to look like stones, chalk, damp cloth, scissors
- » Pack Item: 37: "Unit Verse 1"
- » Different-colored pom-poms, coffee filters, construction paper, scissors

**Option:** Use a large muffin pa

- » Pack item: 21: "Movement Cube "
- » Scissors, clear tape, scrap paper
- » Number cards (commercial or made with index cards and a marker), wooden clothespins, marker
- » Large plastic cups, toy people figures (optional)

 $\bullet$  Invite the preschoolers to scribble on the stones with the chalk. Monitor

chalk use. Use wet wipes to clean hands and the table.

- Remind the boys and girls that God wrote 10 rules on stone tablets.
- Write a letter of the alphabet that relates to the Bible story (*G* is for *God*). Gently wipe the stone clean with the cloth and continue with other letters as you review the Bible story.

#### SORT COLORS

WRITE ON STONES

Match the colors of construction paper and pom-poms Cut small circles of the construction paper to fit in the bottom of each coffee fil Write each word of the Weekly Verse on a separate paper circle Place each circle in a separate coffee filt Cut apart the Unit Verse pieces

- Give the preschoolers di erent colors of pom-poms.
- Point to and read aloud the Weekly Verse in the Iters.
- Invite the boys and girls to place the pom-poms in the lter that matches the colors of the pom-poms.
- Say the Weekly Verse as the children play: "We will do what God says. Exodus 19:8."
- Guide the toddlers to put together the Unit Verse. Lead the preschoolers in saying the Unit Verse.

#### **ROLL AND MOVE**

Cut out and assemble the cube

- Invite a child to roll the cube.
- Lead the boys and girls to do the action on the cube.
- Mention the Life Point between rolls: "God tells us what He wants us to know and do."

#### **MATCH NUMBERS**

Write each number (1–10) as large as possible on the flat part of separate clothespins

- Remind the preschoolers that God gave the people 10 rules.
- Invite the boys and girls to nd the clothespin that matches each number on the cards.
- Assist the children in placing the clothespin on the cards with the matching numbers.

#### **BUILD A MOUNTAIN**

- Remind the kids that Moses went up on a mountain to talk to God.
- Invite the boys and girls to stack the cups to form a "mountain."
- Give the children toy people gures to pretend to climb the mountain.
- State as the boys and girls build: "God tells us what He wants us to know and do."



# BIBLE-LEARNING ACTIVITIES

#### PLAY MUSICAL INSTRUMENTS

Place one of each type of instrument inside one container Place all other instruments inside the second container

- Gather the boys and girls.
- Instruct: "I will play an instrument. Tell me what it is when you know it from the sound."
- Play a familiar instrument. Wait for responses.
- Show the instrument after a few guesses. Repeat with all or a couple of the other instruments.
- State as you distribute the instruments: "You listened to me play the instruments. Moses listened to God."
- Play "God Is Good" for the preschoolers to play along with.
- Help the children switch instruments and play "No One Else" for the children to play along with.

#### PRETEND TO CAMP

Make "tents" with blankets and/or place towels, blankets, or sleeping bags around the room, one per child

- Invite the boys and girls to "camp."
- Show the teaching picture and retell the Bible story.
- Let each child get a turn holding the teaching picture and naming one thing in the picture.
- Display the missions pictures. Mention the work in Ohio.
- Say that the Finding Hope Center help people have mattresses, bedding, and other furniture needs.
- Pray for the missions work in Ohio.

#### COMPLETE AN OBSTACLE COURSE

Place the items on the floor to create a toddler-size obstacle cours

- Demonstrate how to complete each part of the course.
- Comment that Jesus taught that the most important rule is to love God.
- Invite each child to walk or safely run through the obstacle course.
- Congratulate the boys and girls when they complete the course.
- Mention that Moses and the Israelites traveled for many years.

#### **CLEAN UP**

• Guide the toddlers to return all toys to their proper places. Count each item as it is placed. When you reach the number 10, comment that God gave Moses the Ten Commandments.

- » Music
- » Musical instruments, 2 containers

- » Printables: "Unit 1 Missions"
- » Teaching Picture 4
- » Towels, blankets, or sleeping bags; toy camping gear

» Hula hoops, jump ropes, pool noodles, flying dis s, small chairs

# **GOD GAVE THE TEN COMMANDMENTS**



## TRANSITION/GROUP TIME

#### **SNACK**

Place the snack on tables.

Pray before eating.

Talk about the Bible story as the kids snack.

Lead the children to clean their places and throw away the trash.

#### TALK ABOUT THE BIBLE STORY

-Based on Exodus 19-20; 31:18; Deuteronomy 5:1-21

#### **BIBLE STORY FOR 1s**

Moses went up on a mountain to talk to God.

God told Moses some rules. The rules told the people how they should live and what they should do and should not do. Moses told the people what God said.

God wrote the rules on stone tablets.

The people said they would do what God said.

#### **BIBLE STORY FOR 2s**

Moses and the Israelite people camped in the wilderness.

Moses went up on a mountain to talk to God.

God told Moses the rules for how the people should live and what they should and should not do.

Moses continued to go up the mountain to talk with God and then tell the people what God said.

God wrote the 10 rules on stone tablets.

#### LIFE POINT

God tells us what

He wants us to

know and do.



**ROOM** 

YOUR TEACHING PARTNERS

DATE OF USE



LEVEL OF BIBLICAL LEARNING

God helps me.

#### **UNIT VERSE**

God, You are great, and no one is like You.
2 Samuel 7:22

#### **WEEKLY VERSE**

We will do what God says. Exodus 19:8

#### SING TOGETHER

Sing to the tune of "Mary Had a Little Lamb":

Up upon the mountain top

Mountain top, mountain top

Up upon the mountain top

God gave Moses 10 rules

#### SHAPE TABLETS

**Gather:** Printables: "Allergy Alert"; play dough, crayons

Do: Post the Allergy Alert

- Give each child some play dough.
- Brie y review the Bible story.
- Challenge the boys and girls to atten the dough and use the crayons to etch marks in the dough.
- Remind the toddlers that God wrote on stone tablets and gave them to Moses.

#### **JUMP TO NUMBERS**

**Gather:** Painter's tape, construction paper, marker **Do:** Write large numbers 1–10 on separate papers Securely tape each number on the oor about 2 feet apart

- Remind the preschoolers that God gave Moses 10 rules.
- Help the toddlers take turns jumping to di erent numbers and repeating the numbers as they jump.
- State that God tells us what He wants us to know and do.

#### **MAKE A MURAL**

**Gather:** Bulletin board or chart paper, chalk or crayons; **Option:** Draw on a sidewalk outside **Do:** Write the Weekly Verse on the paper (or sidewalk) in large letters

- Read aloud the words of the Weekly Verse to the preschoolers.
- Invite the toddlers to decorate the space on and around the written verse with the crayons or chalk.
- Encourage the boys and girls to echo the words of the verse when you say them.

#### **BUILD WITH BLOCKS**

**Gather:** Wooden or plastic blocks

- Invite the boys and girls to stack blocks as high as possible.
- Remind the toddlers that Moses climbed a tall mountain to talk to God.
- Comment that God gave Moses 10 rules on that mountain.
- Let the kids topple the blocks and rebuild.

#### **GATHER HEARTS**

**Gather:** Construction paper, scissors, tape

**Option:** Use foam craft hearts

**Do:** Cut multiple hearts from the paper

- Place hearts throughout the room.
- Invite the boys and girls to gather the hearts and bring them to you.
- Spread the hearts on the oor.
- Comment: "When we see hearts, we think of love. Jesus taught that the most important rule is to love God."
- Let a couple of preschoolers hide the hearts for other toddlers to nd.

#### **CLEAN UP**

Lead the kids to put toys in their correct places.

#### **DISMISS**

Help the kids gather their papers and belongings. Thank them for coming. Remind the parents to review the Bible story on the Kids Activity Page.

BONUS TEACHING HOUR (

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## God Gave the Ten Commandments

UNIT VERSE

God, You are great, and no one is like You.

2 SAMUEL 7:22

# Count FINGERS and TOES

Remind your child that God gave
Moses ten rules to tell the people
(see reverse side). Count your child's
fingers or toes aloud. Ask your child to
echo each number when you say it. Say
that we follow God's rules because we
love God and want to obey Him.



Play PAT-A-CAKE+

Play pat-a-cake with your baby.

Repeat the verse: "We will

Observe ROAD SIGNS



Point out road signs and traffic lights while driving with your child. Explain that the signs tell drivers the rules for driving so that people are safe. Remind your child that God gave people rules about what they should do and how they should live.

do what God says,"
as you clap his
hands together.
Remind him that
God told Moses
how he and the
people were
to live and
what to do
and not do.
Tell him that
God tells us
what He wants
us to know and do.







### **LIFE POINT**

God tells us what He wants us to know and do.



### THE BIBLE MEETS LIFE

God gave Moses and His people the Ten Commandments so they would know how to live. God gave us the Bible so we would know how He wants us to live.



## LIVE IT OUT

Give your preschooler 10 items to count. If your child can count well, make several di erent arrangements of 10 squares on paper and let him count 10 di erent items. Use the opportunity to talk about the Ten Commandments God gave to the people.



#### LEVEL OF BIBLICAL LEARNING

God helps me.



## DAILY BIBLE READING

Sunday: Exodus 19:8 Monday: Leviticus 19:2 Tuesday: 1 Samuel 2:2 Wednesday: Isaiah 5:16

Thursday: Deuteronomy 11:27

Friday: John 14:15 Saturday: James 1:22

# God Gave the Ten Commandments

Based on Exodus 19-20: 31:18: **Deuteronomy 5:1-21** 



Moses and the Israelite people camped in the wilderness.

Moses went up on the mountain to talk to God.

God told Moses how he and the people were to live and what to do and not do. God's words were written on stone tablets.

The people said they would do what God said.



Moses went up on a mountain to talk to God.

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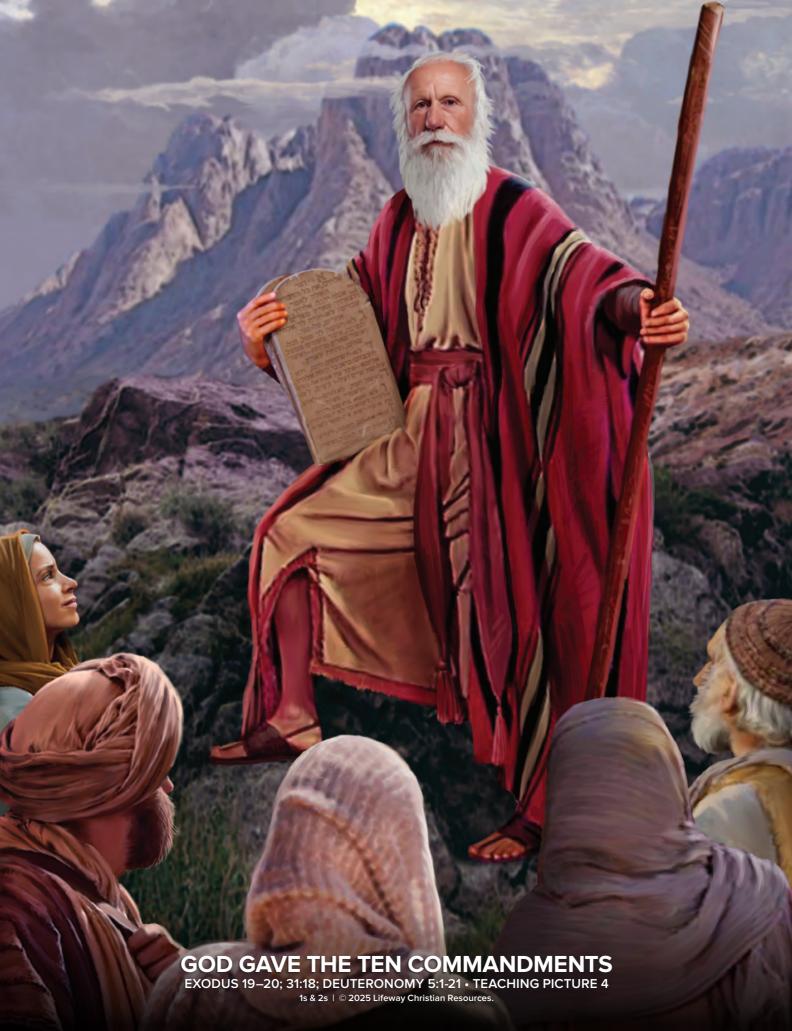
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WEEKLY VERSE \( \text{ We will do what God says. Exodus 19:8}



Check out our BIBLE STUDIES FOR LIFE AT HOME resource for weekly family discipleship and worship.





#### LIFE POINT

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#### **UNIT VERSE**

God, You are great, and no one is like You.

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Based on Exodus 19-20; 31:18; Deuteronomy 5:1-21

#### **GATHER TIME**

(SEE THE LEADER GUIDE FOR DETAILS.)

- **» GATHER AND SING**
- » TELL THE BIBLE STORY AND REVIEW
- **» HEAR THE BIBLE VERSE**
- » WRAP UP



God can do all things. Job 42:2





God, You are great, and no one is like You. 2 Samuel 7:22





God will supply your needs.
Philippians 4:19





We will do what God says.
Exodus 19:8





1 Peter 1:25





Call to Me, and I will answer.

Jeremiah 33:3





The Bible teaches about Jesus.
2 Timothy 3:15





Jesus said, "The Scriptures tell about Me."

Luke 4:21





God put the rainbow in the clouds. Genesis 9:13





We have good news! God keeps His promises. Acts 13:32





I am with you everywhere you go. Genesis 28:15





God will help me. Isaiah 50:7





Love God and always do what He says. Deuteronomy 30:20





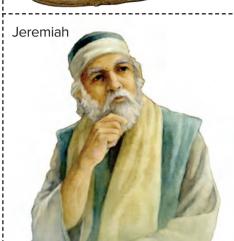




MOVEMENT CUBE
Unit 1, Session 4
Bible Studies for Life 1s & 2s Leader Pack, Fall 2025 Image Credit: shutterstock March **Instructions:** Cut along the dotted lines. Fold along the solid lines, tucking in the tabs as you shape the cube. Seal the edges with clear tape, leaving one side open. Stuff he cube with crumpled paper to make it sturdier. Close and tape the nal side. Use as directed in the leader guide. Reach iccle

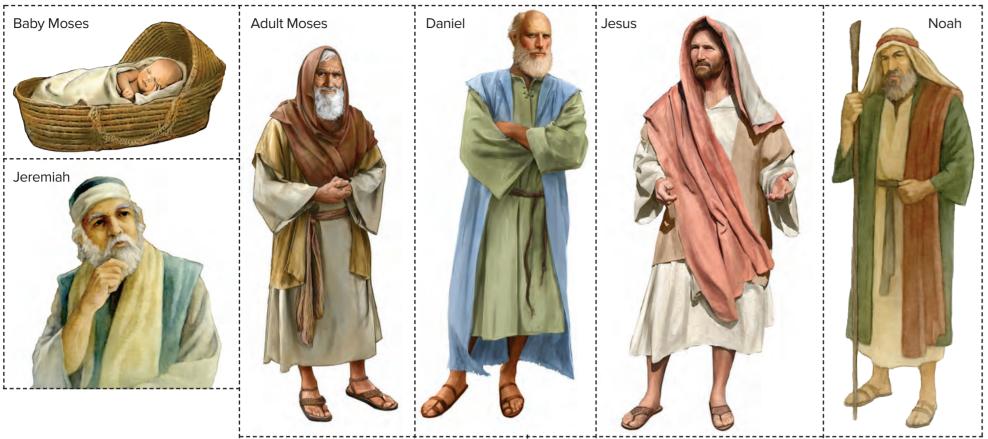
















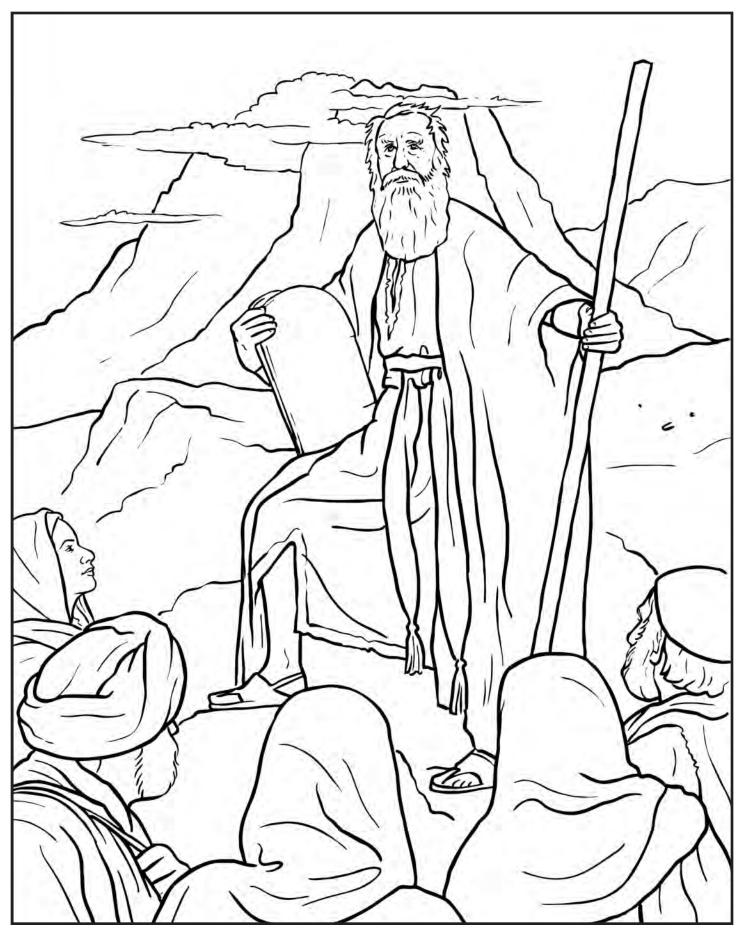












God Gave the Ten Commandments We will do what God says. Exodus 19:8



# Send Columbus Columbus, Ohio

Send Columbus is part of the Send Network. Send Network is a partnership of churches and people working together to start new churches everywhere for everyone.



# Finding Hope Center

- Aaron Taylor is pastor of Living Hope Church in Columbus.
- The church began the Finding Hope Center to help people and tell them about Jesus.
- The Finding Hope Center provides families who are facing difficult times a place to get mattresse bedding, furniture, diapers, wipes, cereals, granola bars, and bottled water.

#### Chroma Church

- Isaac and Hannah Surh, with the support of friends, started a new church that meets in a middle school in a suburb of Columbus.
- The people of Chroma Church want to help the growing population of people from other countries who now live in the Columbus area know about Jesus.

# Pray

- For Aaron and his wife, Elizabeth, and their two daughters as they serve at Living Hope Church.
- For the ministries of Living Hope Church and the Finding Hope Center.
- For Isaac and Hannah and Chroma Church as they help people in Columbus learn about Jesus.

# NORTH AMERICAN MISSIONS





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