

1s & 2s

BIBLE STUDIES FOR LIFE®

A POWERFUL AND LOVING GOD
THE WORD OF GOD
GOD'S PROMISES

PRESCHOOL LEADER GUIDE
FALL 2025

God helps people have
what they need.

GOD PROVIDED FOR THE PEOPLE



LEADER BIBLE STUDY



LEVEL OF BIBLICAL LEARNING

God loves people.

SCRIPTURE REFERENCE

Exodus 15:22–16:36

UNIT VERSE

God, You are great, and
no one is like You.
2 Samuel 7:22

WEEKLY VERSE

God will supply your
needs. Philippians 4:19

SUGGESTED FOR THE WEEK OF

September 21

CONTEXT AND COMMENTARY FOR PERSONAL STUDY AND PREPARATION

(For age-appropriate language, use the Bible story on the following page.)

After God miraculously brought His people through on dry ground, He drowned Pharaoh's horses, chariots, and his riders in the Red Sea (Exodus 14). God rescued His people in a way that no one could have imagined, and the people responded with fervent praise. They danced and sang with all their might, glorifying the God who rescued them (Exodus 15:1-22).

Three days later, the worship service became a distant memory. The people had traveled through the desert without finding water. When they finally discovered water, it was undrinkable. Their victory song quickly turned into a cacophony of groans.

This pattern of forgetfulness would come to define the Israelites. When God provided for them, they responded with praise. As soon as things became difficult, they would rebel against Him. Over and over, the Lord patiently reminded the Israelites that rescuing them was His plan and that He would be the One to see them through to the promised land. All they had to do was believe Him and obey His commands. God then proved Himself by going over and above what they needed. Sometimes that looked like 12 springs and 70 date palms. Sometimes it looked like manna in the morning and quail at night. Sometimes it looked like a weekly day of complete rest for a people who had been cruelly forced to work their entire lives.

God made it clear that the Israelites did not have to do anything to earn His provision. His gracious gifts were freely available. When the people saw how God provided for them, they would know that He was the Lord. All God wanted from them was their trust.

Jesus said, "This is the work of God—that you believe in the one he has sent" (John 6:29). As you pray this week, thank God for providing everything you need for an abundant life. Praise Him for His faithfulness and the promise of eternal life for all who believe.



GATHER TIME

God Provided for the People

—Based On Exodus 15:22–16:36

BIBLE STORY FOR 1s

The Israelites were thirsty; they needed water. God told Moses what to do for the people to have water.

The people had no food to eat. God heard the people.

God told Moses and Aaron that He would send meat that night and bread each morning. God sent the meat that first night.

God sent bread each morning. The people called the bread *manna*. God sent manna for 40 years.

BIBLE STORY FOR 2s

The Israelites were traveling in the wilderness. The people cried out because they had no water to drink. God told Moses to throw a tree into the water. The people then had water to drink.

God heard the people grumble about having no food to eat. God told the Israelites that He would send bread in the mornings for the people to gather and eat. The Israelites called the bread *manna*.

God sent meat (quail) the first evening for the people to gather and eat. The people gathered manna each day and extra on the sixth day. The extra manna was to eat on the seventh day.

God gave the people water and manna for 40 years.

GATHER TIME FOR OLDER 2s

- **Gather and sing.** Sing and move to “Stand Up and Clap!” Distribute the cards. Ask: “Who has the picture of (item)?” Invite the boys and girls to show the cards when you name them. Collect the cards when named. Comment these are pictures of things we need: food, clothing, and a place to live. State that God helps people have what they need. Say that we will learn how God took care of His people while they were in the wilderness. Sing “God Is Good.”
- **Tell the Bible story and review.** Open the Bible. Display the teaching picture. Tell the Bible story. Show the Moses figure. Ask the toddlers who it is. (Moses) Remind the kids that God provided manna and water to Moses and the people in the wilderness. Say that God gives us what we need. Let each child hold the Moses figure and say: “Moses.”
- **Hear the Bible verse.** Open the Bible to the Weekly Verse strip. Display and read aloud the verse twice. Encourage the preschoolers to whisper the words of the verse along with you and then shout the words.
- **Wrap up.** Pray, thanking God for giving the children what they need. Sing “God, You Are Great.”



CHOOSE YOUR TIME

Decide when to have group time; then select learning activities to use before and/or after group time.

» Pack Items:

- 15: “Weekly Verses”
- 20: “Provision Cards”
- 33: “Door Poster Unit 1”
- 36: “Bible People” (Adult Moses)

» Teaching Picture 3

» Music

» Bible, scissors, tape, craft stick

- » Separate today’s Weekly Verse strip and place it in the Bible at Philippians 4. Separate the Provision Cards. Post the door poster outside the room door. Cut apart the adult Moses figure. Tape the figure to the craft stick.

Tip: Keep the Moses figure to use in the next session.



BIBLE-LEARNING ACTIVITIES

- » Pack Item:
20: "Provision Cards"

FEED THE MOUTH

Draw a face on the lid of a shoebox. Cut a "mouth" with a slit large enough to push the cards through.

- Place the cards facedown on a table.
- Invite the boys and girls to turn over cards to faceup. Help the toddlers name the items.
- Choose one card at a time and invite one child to pick up that card and "feed" the mouth on the box by pushing the card through the slit.
- Continue until all the cards get picked up and "fed." Repeat if desired.
- Remind the preschoolers that God loves people and helps them have what they need.

- » Magnetic letters;
large bowl; scoops,
strainers, or small
cups

SCOOP LETTERS

Place the letters in a bowl.

- Invite the kids to use the items to scoop out the letters from the bowl.
- Choose a letter that is scooped out and relate it to the Bible story (*M* is for *Moses*. *Moses* led the people in the wilderness and so on.). Continue with other letters.
- Guide the preschoolers to take turns scooping the letters.

- » Paper plate, plastic
cutlery, paper cup,
construction paper,
marker

TRACE AND MATCH

Trace the items on construction paper in the position of a place setting.

- Invite the boys and girls to match and place the items to the shapes.
- Comment that God loves us and gives us the food we need to eat.
- Say a brief prayer, thanking God for taking care of us.
- Review the Bible story as the toddlers match items.

- » 1 cotton ball,
3 opaque cups in
3 different color

TRACK AN OBJECT

Place three cups on a table, placing the cotton ball under one cup.

- Move the cups around and challenge the boys and girls to follow the cup with their eyes and guess which cup the cotton is under.
- Tell the children to name the color of the cup.
- Show the cotton ball and explain that God gave the people food called *manna* which was white like the cotton ball.

- » Cotton balls, small
bags (1 per child)

GATHER MANNA

- Review: "While the people slept, God sent bread for them to eat. The bread was called *manna*."
- Guide the preschoolers to pretend to sleep. Spread cotton balls all around the room as the children sleep.
- Invite the boys and girls to gather the cotton in their bags. Stress to not put the cotton in their mouths.
- Empty the filled containers on a table. Tell the toddlers that the people ate the bread God sent for them.



BIBLE-LEARNING ACTIVITIES

JUMP TO SHAPES

Tape large shapes (square, rectangle, triangle, star) on the floor around the room about a foot apart with room for the kids to stand inside each shape

- Explain to the preschoolers that you will play music. Say that when the music stops, everyone should stand inside a shape.
- Play “Zip Stomp.” Stop the music. Direct the boys and girls to step inside the shapes. Let each group of children name the shapes they are standing in. Assist as needed.
- State: “God helps people have what they need.”
- Say the Weekly Verse before the music starts each round.

» Music

» Painter’s tape

BOWL WITH BOTTLES

- Place the bottles on the floor in a three-pin or ten-pin format.
- Invite one child at a time, to roll a ball from several feet away, attempting to knock down the bottles.
- Count the number of bottles each child knocks down.
- Say the Life Point and review the Bible story as you set up the bottles each time.

» Filled plastic water bottles, rubber playground ball(s)

FOLLOW A PATH

Print and cut apart as many footprints as desired Tape the footprints firmly on the floor in a line around the room

- Invite the boys and girls to follow the path of footprints, placing their feet on top of the footprints as they walk.
- Occasionally point out and differentiate between the preschoolers left and right feet.
- Remind the toddlers that God took care of the people as they walked in the wilderness.
- Stop along the path or at the end and talk about the missions work in Ohio. Show the missions pictures. Relate any missions emphases your church is involved in as well.
- Say a prayer thanking God for taking care of each boy and girl.

» Printables:
“Footprints”
“Unit 1 Missions”

CLEAN UP

- Lead the children to help return toys and other materials to their places. Consider using the footprints from the previous activity to lead to the area where toys are stored.

GOD PROVIDED FOR THE PEOPLE



TRANSITION/GROUP TIME

SNACK

Place the snack on tables.

Pray before eating.

Talk about the Bible story as the kids snack.

Lead the children to clean their places and throw away the trash.

TALK ABOUT THE BIBLE STORY

—Based on Exodus 15:22–16:36

BIBLE STORY FOR 1s

The Israelites were thirsty; they needed water. God told Moses what to do for the people to have water.

The people had no food to eat. God heard the people.

God told Moses and Aaron that He would send meat that night and bread each morning. God sent the meat that first night.

God sent bread each morning. The people called the bread *manna*. God sent manna for 40 years.

BIBLE STORY FOR 2s

The Israelites were traveling in the wilderness. The people cried out because they had no water to drink. God told Moses to throw a tree into the water. The people then had water to drink.

God heard the people grumble about having no food to eat. God told the Israelites that He would send bread in the mornings for the people to gather and eat. The Israelites called the bread *manna*.

God sent meat (quail) the first evening for the people to gather and eat. The people gathered manna each day and extra on the sixth day. The extra manna was to eat on the seventh day.

God gave the people water and manna for 40 years.

LIFE POINT

God helps people have what they need.

ROOM

YOUR TEACHING PARTNERS

DATE OF USE



LEVEL OF BIBLICAL LEARNING

God loves people.

UNIT VERSE

God, You are great, and no one is like You.
2 Samuel 7:22

WEEKLY VERSE

God will supply your needs. Philippians 4:19

SING TOGETHER

Sing to the tune of the chorus of “Bingo”:

*God takes care of us
God takes care of us
God takes care of us
He loves us, and He helps us*

SOLVE SHAPE PUZZLES

Gather: Construction paper, marker, scissors

Do: Cut large circles, squares, triangles, and rectangles out of construction paper. Cut each of the shapes in half.

- Place all the half shapes on a table.
- Invite the boys and girls to find the matches and put the shape pieces together.
- Congratulate the toddlers when they solve the puzzles.
- Remark that God loves us and helps us.

PRETEND TO PICNIC

Gather: Basket, toy food, blanket

Do: Place a blanket on the floor or ground.

- Lead the kids to sit on the blanket together.
- Invite each child to take one item out of the picnic basket.
- Name and comment on each item.
- Pretend to have a picnic, remembering to thank God for the food.
- State that God gave His people food and water in the wilderness.

FOLLOW THE TEACHING PICTURE

Gather: Teaching Picture 3

- Guide the toddlers to stand in a single-file line with you as the leader.
- Turn and face the preschoolers, holding the teaching picture so they can see it.
- Slowly walk backward as the boys and girls follow you.
- Walk and retell the Bible story.
- Make the point that when the people followed God’s directions, God took care of them.
- Let the children take turns being the leader.
- Say as the toddlers walk: “God helps people.”

CONNECT DOTS

Gather: Dot stickers, paper, crayons

- Guide the toddlers to say “thank you” as you give each child a paper and several stickers.
- Invite the children to place their stickers on their papers and color with the crayons.
- Comment that it is important to say thank you to God for giving us everything we need.

PLAY “WHAT’S MISSING?”

Gather: Bible, filled water bottle, toy bread, toy meat, cell phone, blanket or towel

Do: Place all items on a flat surface. Take a picture of the items with your phone.

- Gather a few preschoolers to play.
- Mention that God gave the people water and food; things they needed.
- Name each item, leading the toddlers to repeat after you.
- Tell that you will cover the items and remove one of them.
- Cover, remove an item, then ask the children to name what is missing. Show the picture for the boys and girls to point to the missing item, if needed.
- Talk about things the toddlers need that God gives them (*food, family, home, and so on*).

CLEAN UP

Comment: “God gave us a nice church. We can help take care of the church by keeping it neat and clean.” Lead the toddlers to clean the room.

DISMISS

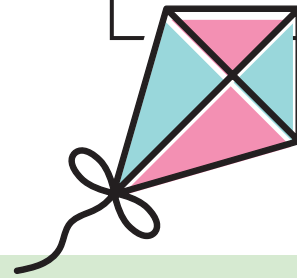
Help the kids gather their papers and belongings. Thank them for coming. Remind the parents to review the Bible story on the Kids Activity Page.

God Provided for the People

UNIT VERSE

God, You are great,
and no one is like You.

2 SAMUEL 7:22



PICNIC in a Wooded Area



Plan a family picnic (in a wooded area if possible). Talk about how God took care of His children when they lived in the wilderness. Tell the Bible story (reverse side). Say that God gave the people water and bread, and told them where to go. Pray, thanking God for taking care of your family. Enjoy the picnic.



SHOP for Groceries

Babies

Look at DIFFERENT FOODS



Take your child on a grocery shopping excursion. As you choose items, talk about how we need healthy food to make our bodies strong. Explain that God takes care of us by giving us food, water, and other things we need to live. Tell the Bible story.

Walk through the grocery store or farmer's market with your baby. Point out the different foods you see. Tell your baby that God sent bread each day for His people to eat. Tell the Bible story (reverse side). Thank God for providing food for your family today.

BIBLE STUDIES FOR LIFE®

1

CONVERSATION

LIFE POINT

God helps people have what they need.



THE BIBLE MEETS LIFE

God provided food and water for His people as He led them through the wilderness. God will take care of us and give us everything we need.



LIVE IT OUT

Review the Bible story with your child. Write *God helps me have what I need* on a paper. Give your child pictures of food, clothes, homes, Bibles, and churches. Let him use a glue stick to make a collage of things God provides.



LEVEL OF BIBLICAL LEARNING

God loves people.



DAILY BIBLE READING

Sunday: Philippians 4:19

Monday: Psalm 103:8

Tuesday: Psalm 100:5

Wednesday: Psalm 46:1

Thursday: Matthew 6:31-33

Friday: Luke 12:22-24

Saturday: Psalm 121:1-2

God Provided for the People

Based on Exodus 15:22–16:36

Babies

The Israelites were hungry. They told Moses and Aaron they had no food to eat.

God heard the people grumble about having no food. God sent bread called *manna* each day for the people to eat.

God sent the manna for 40 years.

15

The Israelites were thirsty; they needed water. God told Moses what to do for the people to have water.

The people had no food to eat. God heard the people.

God told Moses and Aaron that He would send meat that night and bread each morning. God sent the meat that first night.

God sent bread each morning. The people called the bread *manna*. God sent manna for 40 years.

25

The Israelites were traveling in the wilderness. The people cried out because they had no water to drink. God told Moses to throw a tree into the water. The people then had water to drink.

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God gave the people water and manna for 40 years.

WEEKLY VERSE God will supply your needs. Philippians 4:19



Check out our **BIBLE STUDIES FOR LIFE AT HOME** resource for weekly family discipleship and worship.



GOD PROVIDED FOR THE PEOPLE

EXODUS 15:22–16:36 • TEACHING PICTURE 3

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LIFE POINT

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UNIT VERSE

God, You are great, and no one is like You.

2 Samuel 7:22

WEEKLY VERSE

God will supply your needs.

Philippians 4:19

God Provided for the People

BIBLE STORY FOR 1s

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BIBLE STORY FOR 2s

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God gave the people water and manna for 40 years.

Based on Exodus 15:22–16:36

GATHER TIME

(SEE THE LEADER GUIDE FOR DETAILS.)

» GATHER AND SING

» TELL THE BIBLE STORY AND
REVIEW

» HEAR THE BIBLE VERSE

» WRAP UP



God can do all things.

Job 42:2



**God, You are great,
and no one is like You.**

2 Samuel 7:22



God will supply your needs.

Philippians 4:19



We will do what God says.

Exodus 19:8



**The Word of God, the Bible,
lasts forever.**

1 Peter 1:25



Call to Me, and I will answer.

Jeremiah 33:3



The Bible teaches about Jesus.

2 Timothy 3:15



**Jesus said, “The Scriptures
tell about Me.”**

Luke 4:21



**God put the rainbow
in the clouds.**

Genesis 9:13



**We have good news!
God keeps His promises.**

Acts 13:32



**I am with you
everywhere you go.**

Genesis 28:15



God will help me.

Isaiah 50:7



**Love God and always
do what He says.**

Deuteronomy 30:20





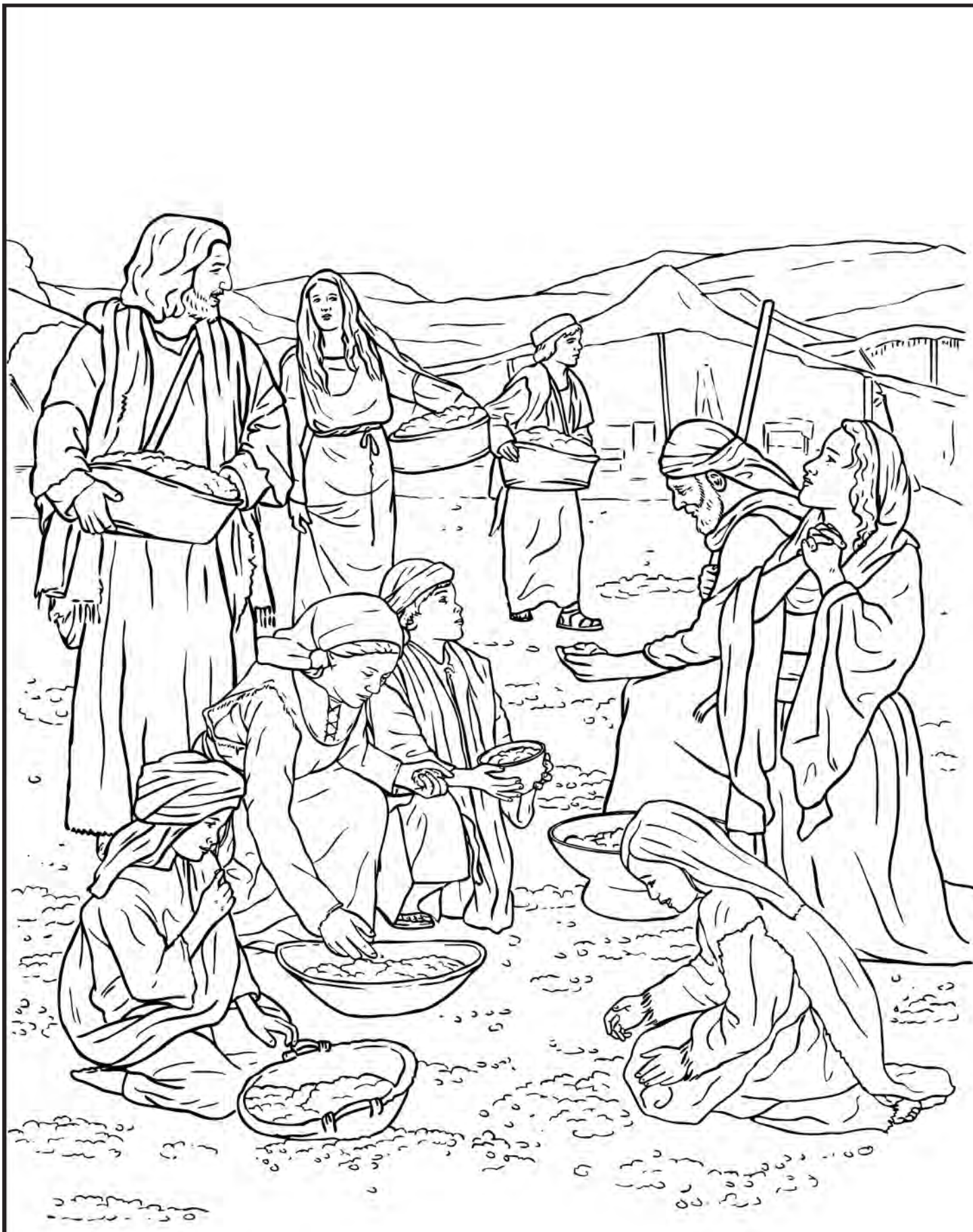


Footprints

Bible Studies for Life Preschool Enhanced CD (Printables), Fall 2025

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Instructions: Print as many footprints as desired. Cut apart the footprints. Tape to the floor to make a path for the children to walk. Use as directed in the leader guide



God Provided for the People

God will supply your needs. *Philippians 4:19*

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Allergy ALERT

We are using these items today.

Please let the leaders know of any allergies.

Allergy Alert

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Instructions: Print and post as needed. Refer to the leader guide for suggested activities that require an allergy alert.

North American Missions



Send Columbus Columbus, Ohio

Send Columbus is part of the Send Network. Send Network is a partnership of churches and people working together to start new churches everywhere for everyone.

Finding Hope Center

- Aaron Taylor is pastor of Living Hope Church in Columbus.
- The church began the Finding Hope Center to help people and tell them about Jesus.
- The Finding Hope Center provides families who are facing difficult times a place to get mattresses, bedding, furniture, diapers, wipes, cereals, granola bars, and bottled water.

Chroma Church

- Isaac and Hannah Surh, with the support of friends, started a new church that meets in a middle school in a suburb of Columbus.
- The people of Chroma Church want to help the growing population of people from other countries who now live in the Columbus area know about Jesus.

Pray

- For Aaron and his wife, Elizabeth, and their two daughters as they serve at Living Hope Church.
- For the ministries of Living Hope Church and the Finding Hope Center.
- For Isaac and Hannah and Chroma Church as they help people in Columbus learn about Jesus.



US MAP

Bible Studies for Life Preschool Enhanced CD (Printables), Fall 2025

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SURH FAMILY PHOTO

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