

Seeking God's Will in Practical Decisions

Your kingdom come. Your will be done on earth as it is in heaven. *Matthew 6:10*

Teaching teens how to seek God's will is a vital part of their spiritual journey, especially when they're facing stressful decisions like a breakup with a boyfriend/girlfriend or choosing a college. Encourage them to seek God's guidance in both big decisions and everyday choices. Share your own experiences and stories of seeking His will and remind them that it's okay to have questions and uncertainties along the way. Your love and wisdom are precious gifts. Adolescence can be a time of doubt and confusion, but, remember, you're helping to nurture a lifelong relationship between your teens and a God who loves them.

➤ conversation starter

I know deciding on colleges (or your unique situation) can be overwhelming. Have you considered praying or seeking God's guidance in making this decision? How do you think we could do that together?

Have you ever thought about how we can learn more about seeking God's will in our everyday lives? What might be some good steps to take to understand His guidance better?

➤ navigating the conversation:

- **Listen Actively:** Start by listening to your teens' thoughts and questions about seeking God's will. Be patient and attentive to their feelings and experiences.
- **Share Your Own Journey:** Open up about your own experiences in seeking God's will and the lessons you've learned.
- **Prayer:** Encourage your teens to develop a regular prayer routine to seek God's guidance and express their thoughts and concerns.
- **Study Scripture:** Helping your teens learn to find answers in God's Word is vital.
 - **Psalm 119:105:** Explore the idea that God's Word is a lamp to guide our path, highlighting the role of Scripture in seeking His will.
 - **Proverbs 3:5-6:** Discuss the importance of trusting in the Lord and not relying solely on one's understanding.
 - **Romans 12:2:** Explore the idea of renewing the mind and seeking God's perfect will.
 - **1 Thessalonians 5:16-18:** Talk about the importance of prayer and giving thanks in all circumstances.
 - **James 1:5:** Discuss the concept of seeking wisdom from God, which can be valuable in making decisions.
- **Seek Counsel:** Encourage your teens to seek guidance from trusted mentors, a pastor, and/or a supportive community to help them navigate decisions.
- **Journal:** Suggest keeping a journal to record thoughts, prayers, and reflect on their journey in seeking God's will.

