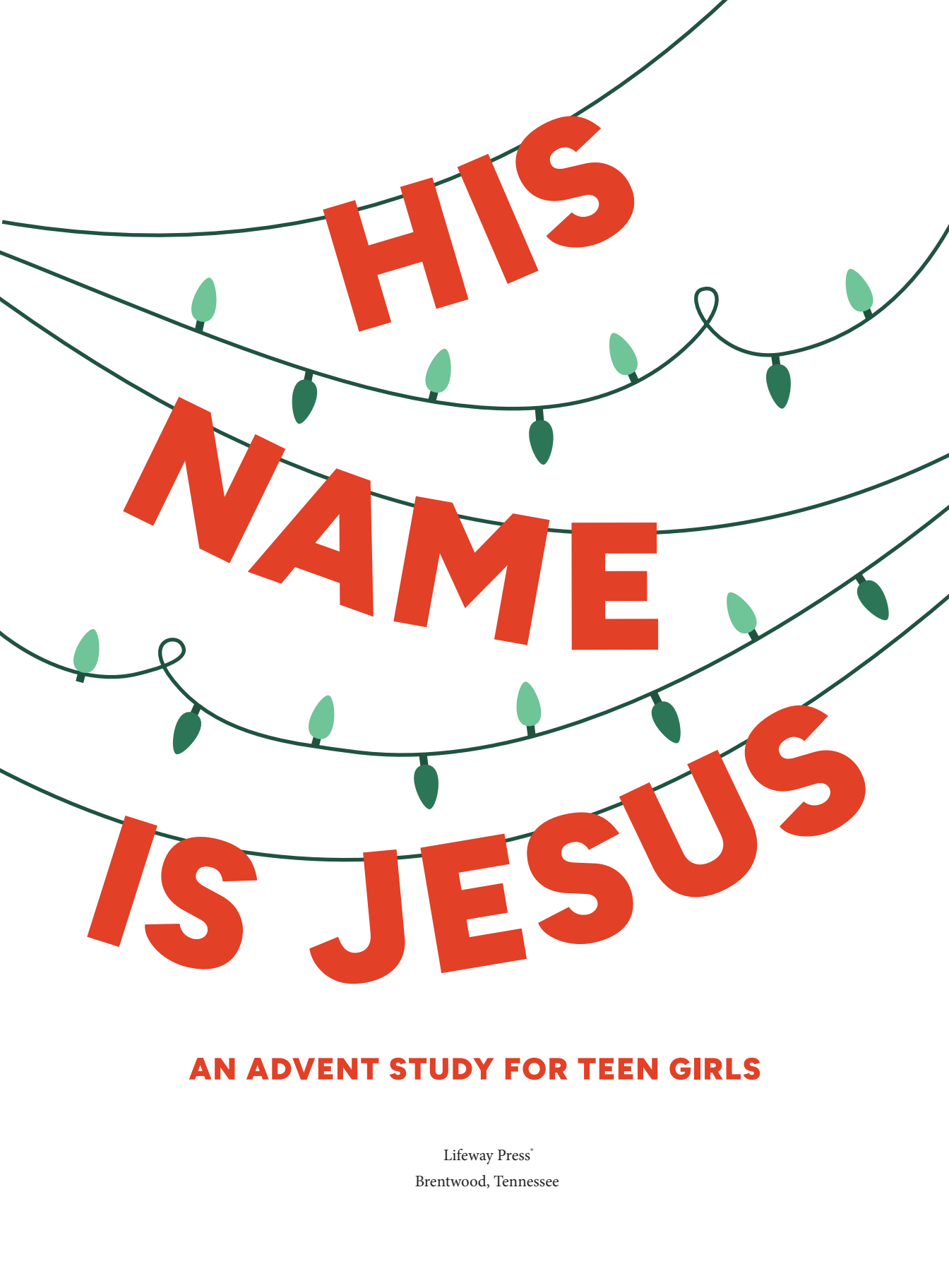


25-DAY BIBLE STUDY

HIS NAME IS JESUS

**AN ADVENT STUDY
FOR TEEN GIRLS**



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AN ADVENT STUDY FOR TEEN GIRLS

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CONTENTS

Contributors	4	Day 13	76
How To Use This Study	6	Day 14	81
Group Time: Savior	8	Day 15	86
Day 1	16	Day 16	91
Day 2	22	Day 17	96
Day 3	26	Day 18	100
Day 4	31	Day 19	104
Day 5	37	Day 20	109
Day 6	42	Day 21	114
Day 7	46	Day 22	118
Day 8	50	Day 23	124
Day 9	55	Day 24	129
Day 10	61	Day 25	133
Day 11	65	Group Time: Never-Changing .	138
Day 12	70	Leader Guide	148

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HOW TO USE THIS STUDY

Welcome!

We're so glad you've chosen to do this study! *His Name Is Jesus* is a twenty-five day study in which we walk through the Gospel of John and discover the precious names of Jesus.

Getting Started

Because we believe discipleship happens best in community, we encourage you to do this study together in a group setting. Or, if you're doing this alone, consider enlisting a friend or two to go through it at the same time. This will give you friends to pray and connect with over coffee or through text so you can chat about what you're learning.



Group Time

This study includes an opening and closing group time. Use the questions and prompts provided to help you internalize and apply what you've read. You may complete these group times on your own schedule and at a time that works best for your group, whether that is before and after the personal days or sometime in the middle. If you're doing this alone, maybe ask a friend or your mom to do this part alongside you!



Personal Study

There are twenty-five days of personal study to help you explore the names of Jesus found throughout the Gospel of John. You'll find questions and activities to help you understand and apply the text. Feel free to highlight or add notes to help your study process.



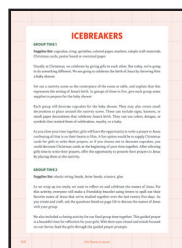
Names of Jesus

At the start of each day, the name of Jesus is found along the side of the page. Cut these strips of paper out after completing the day's study to create your very own Advent paper chain. By the end of the study, you will have a physical reminder of the names of Jesus and a countdown to Jesus's birthday on Christmas Day.



Leading a Group?

You can find a leader guide on page 148. The leader guide offers several tips and planning instructions. To find additional resources for leaders, visit lifeway.com/hisname.



Icebreakers

In the back of your Bible study book, we've included optional icebreaker activities to engage students at the beginning of your group time. The only goal here is to have fun together. We love anything that involves fun crafts and snacks—even better when it includes both!

Breath Prayer

Each day of study ends with a breath prayer. Take your time breathing in the name of Jesus and exhaling in awe of His mighty works. Repeat each prayer five times to hold His name in your heart. You can find a compiled list of the breath prayers on page 146.



**SCAN THE QR CODE TO FIND SOCIAL ASSETS
AND ADDITIONAL LEADER RESOURCES.**

BREATH PRAYER

Take your time breathing in the name of Jesus
and exhaling in awe of His mighty works.
Repeat five times to hold His name in your heart.

*Jesus, You are my Savior.
Thank You for coming to save
me and set me free from sin.*

SAVIOR

by Amy-Jo Girardier

INTRODUCTION

At Christmas, we usually give gifts to each other, but Jesus is the reason we celebrate. A few years after He was born, the wise men brought Him gifts that showed who He truly was.

READ MATTHEW 2:11.

What did the wise men bring to celebrate Jesus?

The Bible does not clearly tell us whether the wise men fully understood the meaning behind each of their gifts. But it does give us some important clues. In Matthew 2:11, we see that the wise men brought gold, frankincense, and myrrh, and they bowed down and worshiped Jesus. This shows us that they knew He was not just an ordinary baby. They understood that He was a King.

Gold was a gift given to royalty, and they even referred to Jesus as the King of the Jews. They also understood that He was worthy of honor and worship. Frankincense was used in worship, and they physically worshiped Him when they saw Him. However, they likely did not fully understand everything about His mission. Myrrh was used for burial and points to Jesus's future death, but it's unlikely they knew the full picture of how He would save people from their sins.

So while they may not have understood everything, they understood enough to recognize who He was and to worship Him. And in the same way, we may not understand everything about Jesus, but we can still recognize who He is, why He came, and respond to Him with worship.

Let's do some digging to see if we can understand even more about the Person of Jesus and why we celebrate Christmas.

READ AND REFLECT

READ MATTHEW 1:18-25 ALOUD.

One of the ways we can map out the story of Jesus is by doing something called “verse mapping.” Verse mapping is when you zoom in on a key verse and then diagram or make notes on and around the verse using some extra research tools. When you’re done, you ask some questions to see if you discover anything to help you understand what the verse is saying and how it may apply to us today.

Our key verse is Matthew 1:21:

She will give birth to a son, and you are to name him Jesus, because he will save his people from their sins.

In groups of five or less, create a verse map based on Matthew 1:21 on a large poster board or using a blank page in the back of your Bible study book.

Step 1: Write the verse in the center of the page. Feel free to use colors, designs, or symbols as you interact with the passage later on.

Step 2: Observe (Look closely). Answer these questions around the verse:

- Who is speaking?
- Who is being spoken to?
- What is happening in this moment?

Step 3: Circle or highlight important words in the verse. What stands out about these words?

Step 4: Word study. Look deeper into the meaning of important words using tools such as a dictionary, concordance, or study Bible. (We recommend using blueletterbible.org.) As you study each word, add the definitions to your poster with arrows or drawings. Together, we’re going to dig deeper into three words: Jesus, save, and sin.

JESUS

See where *Iēsous*, meaning “Jesus,” appears in other parts of the Bible by using Blue Letter Bible to look up the Greek Strong’s Concordance reference.¹

READ JOHN 1:17. What do you learn about Jesus from this verse?

READ PHILIPPIANS 2:10. What do you learn about Jesus’s authority from this verse?

READ REVELATION 22:20. This is a prayer for Jesus’s return. What do you learn about the longing of believers from this verse?

SAVE

See where *sōsei*, meaning “save,” appears in other parts of the Bible.²

READ MATTHEW 1:21. This verse reveals Jesus’s name. What else were you able to discover?

READ MATTHEW 27:40-42. The crowd mocks Jesus, challenging Him to save Himself instead of understanding His mission to save others. This mockery highlights that Jesus chose to die sacrificially in order to save others.

READ JOHN 12:47. Jesus explains that His mission is to bring salvation, not condemnation.

SIN

See where *hamartia*, meaning “sin,” appears in other parts of the Bible.³

READ ROMANS 3:23. This is a frequently quoted verse of Scripture. What is so important about this verse?

READ ROMANS 6:23. What connection do you see between Jesus and sin in this verse?

Step 5: Cross reference.

We often don't notice or utilize cross references. Cross references are places in the Bible where different verses talk about the same idea. Think of it like this: The Bible is one big story, and cross references are like connecting the dots between different parts of that story.

Describe how these verses connect to Matthew 1:21:

- Isaiah 7:14
- Luke 1:31
- Luke 2:21
- Acts 4:12

Rejoin the group to discuss steps 6-8 together.

Step 6: Interpret (What does it mean?).

READ ROMANS 5:8 AND HEBREWS 9:28 ALOUD.

Why did Jesus come? What do these verses reveal about His purpose?

Write a short summary on your poster.

Step 7: Apply (Make it personal.).

What does it mean that Jesus came to save you?

Why do we need saving?

How should this change the way we live?

Jesus's name reveals His mission. He came to save us from our sins.

Step 8: Closing reflection.

Do I fully understand what Jesus saved me from?

Have I personally accepted Him as my Savior?

RESPOND

This baby we celebrated at the beginning of our time is not just any baby. He is the only One who can take your sin and set you free from sin and death to give you eternal life with Him, both now and forever.

At baby showers, we bring gifts to help families take care for their baby. But as we close our time today, I want to give you space and time to come to Jesus with whatever is on your heart and offer it to Him, because that is why He came. He came to save us from our sins. Let's use this time to present Him with our hearts and surrender them for the very purpose He came.

Take a moment to write a prayer to Jesus of what is on your heart and offer it to Him.

PRAY

We're going to end every day with a breath prayer, calling on a specific name of Jesus in praise and thanks. Breathe in the love of Christ and exhale in gratitude of His mighty work. Let's close in prayer by reading our first breath prayer together.

Jesus, You are my Savior.

Thank You for coming to save me and set me free from sin.

DAILY CRAFT

Throughout this season of Advent, you will be exploring a new name of Jesus each day. As you begin the study for each day, there is a strip of red paper on the side of the page to cut out of your book. You can use these slips of paper to create a paper chain to use as an Advent calendar counting down the days to Christmas, while also being reminded of the names of Jesus you are learning and celebrating each day.



THE WORD

DAY 1

by Corinne Allen

INTRODUCTION

Have you ever tried watching only the last episode of a TV show that you've never seen before? Probably not because that would be a really difficult way to enjoy a story. Maybe you could guess some of the details you skipped over, but do you think you'd still be confused? Do you think you'd miss out on some important plot points? I definitely would be lost!

We commonly think of the Christmas story and the story of Jesus as beginning in the Gospels in the New Testament. While it's true that the New Testament is full of stories from Jesus's years spent on earth dwelling with the people He created, the New Testament is not where Jesus entered the scene for the first time. If we just skip ahead to the New Testament, we will miss out on so many ways that Jesus has been present and promised for all of time.

As we begin our study of the Gospel of John and learn about so many incredible names of Jesus, it's important that we start with an understanding that Jesus has been here all along! Jesus is the Word, which means He is fully God and has been present from the very beginning. And this is such. good. news.

PAUSE AND READ PSALM 119:18-19.

Write out a short prayer asking God to open your eyes, soften your heart, and open your ears so you don't miss what He has for you.

READ AND REFLECT

READ JOHN 1:1-18.

What stands out to you from what you just read?

THE WORD



Fill in the blanks for John 1:1.

*In the _____ was _____, and the
Word was _____, and the Word _____.*

The Gospel of John starts with the phrase “in the beginning,” and it’s very intentional. Can you think of another book of the Bible that starts the same way? (Hint: Let’s go back to the very beginning!)

READ GENESIS 1:1-5.

What do the first five verses of Genesis and the first five verses of John say about who God is and what He has done?

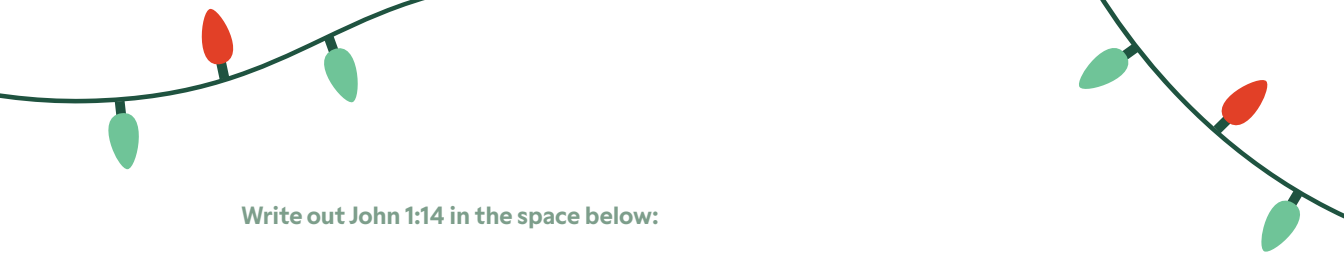
According to Genesis 1:3, how did God create light?

NOW, JUMP DOWN AND READ GENESIS 1:26, THEN FILL IN THE BLANKS BELOW:

*Then God said, “Let _____ make man in _____
image, according to _____ likeness.”*

From the very beginning, the Trinity—God the Father, the Son, and the Holy Spirit—has been present and at work. Throughout the first chapter of Genesis, God establishes Himself as Creator of all things. Of all the ways He could’ve chosen to create the world, He chose to *speak* all of creation into existence with His words. John’s opening verses for his Gospel are a parallel to Genesis to remind us that Jesus is fully God, and all things were created through Him (John 1:3).

What does it mean to you that Jesus is Creator and Lord over all? Write out a prayer thanking Him for His power and authority.



Write out John 1:14 in the space below:

Let's break down the key truths from this verse.

Key Truth #1. The Word (Jesus), who is fully God, took on human form and dwelt with His people.

The Greek word John uses in this verse to explain how Jesus dwelt among us is the word *skēnoō*, which means “to live, dwell, or tabernacle with.”¹ The idea of God tabernacling with His people likely points back to the tabernacle in the Old Testament. During the Israelites' years of wandering in the wilderness, the tabernacle was a tent that served as a sanctuary for God to dwell with His people (see Ex. 25:8-9). Exodus 33:7-11 is an example of how Moses would meet with the Lord in a tent, and God Himself would speak to Moses.

This is the good news of the gospel! For all of time, God, in His mercy and love, has been making a way for His people to be with Him. When our sin separated us from our holy and perfect God, He came all the way to us. In the Old Testament, God would dwell with His people by way of the tabernacle. And now, because Jesus took on human form, lived a perfect life that we could never live, and laid down His life to pay for our sins, we have access to a relationship with God again. Thank you, Jesus!

How has your life changed because God made a way for you to have a relationship with Him?

How have you experienced God's presence at work in your own life recently?

Key Truth #2. The Word (Jesus) is the one and only Son of the Father, and His glory is clearly seen.

This further proves that Jesus is the Word and that Jesus is God. The glory so clearly seen is the glory and majesty that belongs to God alone. Jesus is supreme ruler and King over all!

Key Truth #3. The Word (Jesus) is full of grace and truth.

For Jesus to be full of grace and truth means that He is completely and perfectly abounding in grace and truth. He is trustworthy and good, and His grace and truth are precious gifts given to us.

Write out a prayer thanking God for how you have experienced Him as full of grace and truth toward you.

RESPOND

READ COLOSSIANS 1:15-17 IN THE NEW LIVING TRANSLATION:

*Christ is the visible image of the invisible God.
He existed before anything was created and is supreme over all creation,
for through him God created everything
in the heavenly realms and on earth.
He made the things we can see
and the things we can't see—
such as thrones, kingdoms, rulers, and authorities in the unseen world.
Everything was created through him and for him.
He existed before anything else,
and he holds all creation together.*

Jesus is the Word, the One who has been God from the very beginning. He is Lord, Creator, and Sustainer of all things. He is worthy of our whole hearts and all of our praise. Colossians 1:17 promises that He holds everything together, and that includes YOU.

What does it mean to you that God is holding the whole world and your whole life carefully in His hands?

How will you worship Jesus, the powerful Word and Lord, with your life today?

PRAY

*Jesus, You are the Word who has been God from the very beginning.
Thank You for dwelling on earth with us so that we could have access to a relationship with You.*

