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# Mom & Daughter Guide

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Mom, we are so excited that you have decided to complete this study with your daughter. As we walk through the book of Esther, you will discover that God is just as faithful and active today, and He has called you for such a time as this.

## YOU WILL NEED

*Esther: Women's Bible Study Book* for yourself

*Esther: Teen Girls' Bible Study Book* for your daughter(s)

## VIDEO CONTENT

The weekly videos that are included in the women's Bible study book can be watched with your daughter or on your own.

There are no separate videos for the teen girls' study. However, the same content found in the videos of the women's study is covered in the Group Guide in the teen girls' Bible study book. The women's videos are approximately 35 minutes with a short discussion time. That is a great option for the teen girl who would rather watch than discuss. The teen content would be better if you both want to spend time discussing the content together.

## STUDY

As you get started, utilize the content found in the Group Guide of the teen girls' Bible study book for Session One. Then, complete the personal study each week before coming together to discuss the Group Guide. The discussion questions will help you go deeper as you review your personal study and share what you've learned each week.

As you both work through your individual Bible study books, you will discover that the teen girls' version might be slightly different as we altered some language and content to be more applicable for teen girls. However, there are very few differences in the studies and we encourage you to discuss what the Lord is teaching you individually.

### CONNECT WITH HER

Plan days to work on personal study together to keep each other accountable. Be open with your daughter throughout the week about things you learn or have questions about. Provide a safe place for her to do the same. Don't stress! Some weeks will be easier than others to accomplish the personal study days. Just keep pressing forward and making it a priority to meet together each week regardless of how much personal study work was actually done.

### FAQ

**Q: How old does my teen need to be for this study?**

**A:** This study is recommended for girls ages 11 and up.

**Q: Are there other studies I can do with my daughter after this study is over?**

**A:** Yes! Many of our studies have both women's and teen girls' materials available. Check it out at [lifeway.com/girls](http://lifeway.com/girls).